



The City Bridge Trust Committee ANNEXES – APPLICATION FORMS

Date: MONDAY, 20 MARCH 2017
Time: 9.15 am
Venue: COMMITTEE ROOMS, 2ND FLOOR, WEST WING, GUILDHALL

- d) Ability Bow (Pages 1 - 12)
- e) Arthritis Care (Pages 13 - 22)
- f) Flying Gorillas (Pages 23 - 32)
- g) Havelock Family Centre (Pages 33 - 42)
- h) Merton Mencap (Pages 43 - 52)
- i) Action on Hearing Loss (Pages 53 - 62)
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- k) Enfield Carers Centre (Pages 73 - 82)
- l) InterAct Stroke Support (Pages 83 - 90)
- m) St Joseph's Hospice (Pages 91 - 100)
- n) Sudbury Neighbourhood Centre (Middlesex) Limited (Pages 101 - 110)
- o) The Reader (Pages 111 - 120)
- p) Disablement Association of Barking & Dagenham (DABD) (Pages 121 - 130)
- q) Lambeth Law Centre (Pages 131 - 140)
- r) Lewisham Multilingual Advice (Pages 141 - 150)
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John Barradell
Town Clerk and Chief Executive

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The City Bridge Trust

**Investing In Londoners:
Application for a grant**



About your organisation

Name of your organisation: Ability Bow	
If your organisation is part of a larger organisation, what is its name? N/A	
In which London Borough is your organisation based? Tower Hamlets	
Contact person: Ms Victoria Kent	Position: Director
Website: http://www.abilitybow.co.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1115595
When was your organisation established? 26/07/2006	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Disabled people actively taking part in the arts or sport Disabled people reporting increased well-being as a result of taking part in the arts or sport
Please describe the purpose of your funding request in one sentence. For staff/running costs for the Positive Steps Getting Fitter and Feeling Better Project, enabling disabled people with mental ill-health to improve physical and mental well-being
When will the funding be required? 02/01/2017
How much funding are you requesting? Year 1: £32,241 Year 2: £32,371 Year 3: £32,371 Total: £96,983

Aims of your organisation:

Ability Bow was set up to enable people with disabilities and long-term health conditions to get stronger, increase confidence and become more independent, through exercise. We provide a unique service, offering specialist support in an accessible facility, but focusing on inclusion and links to mainstream.

We strive to:

- Support people of all abilities to be active and overcome any obstacles to make exercise a part of their everyday lives
- Support people with disabilities and health conditions to take part in regular, supervised exercise sessions in an inclusive and friendly environment
- Be a centre of excellence, particularly for people who have health conditions and people on low incomes, to maximise health and well-being

The building, gym equipment and facilities are fully accessible, our staff are experienced, highly qualified and approachable and we strive to offer affordable membership fees. We work with GP's hospitals, health health practitioners and a range of local voluntary and statutory organisations.

Main activities of your organisation:

We provide:

- Exercise/well-being support at our accessible community gym, with initial 1:1 sessions to meet each individual's 'smart' goals, with the aim of then moving on to group sessions and finally independent exercising. Advanced Instructors factor in time for discussion to encourage/motivate participants to make healthy lifestyle changes. We also build in community-based goals e.g. walking to the shops to meet friends and where possible accompany people to other activity services e.g. cycling, badminton, walking, swimming groups
- Exercise/well-being continuing structured group sessions both at the Ability Bow gym/in other community venues for frail older people, stroke survivors, people with disabilities who also have mental health problems, people with diabetes and other conditions, people with multiple sclerosis, and a women only exercise group targeting local Muslim women
- Open Days/community events to give health and well-being information, offer health checks, run taster exercise classes and demos, have food and diet advice available, with partner agencies and health professionals also in attendance

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
3	7	7	16

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	21 years from 25th Jan 2005

Summary of grant request

We are seeking funding for the 'Positive Steps - Getting Fitter and Feeling Better!' project, an exciting programme of continuing exercise and well-being activities to enable people with disabilities and long-term conditions, who also have mental ill-health, to improve both physical and mental well-being. Through weekly exercise sessions in different community venues across Tower Hamlets and Hackney, health and well-being days and workshops, a new social club and support for volunteering, project participants will both increase activity levels, confidence and engagement, and have a greater understanding of how to maintain well-being.

The programme of work will be delivered by the Positive Steps Development Instructor (14 hours) supported by sessional Advanced Instructors (14 hours in Y1; 20 hours from Y2), plus sessional tutors and volunteers. The project will benefit from links with many other groups and agencies through existing project work and partnerships; from additional support for participants through access to other Ability Bow classes and gym facilities; and from additional Instructor support to access mainstream facilities.

Ability Bow has over 10 years experience and a strong track record of delivering projects and services to local communities. Residents in Tower Hamlets and Hackney have high levels of long-term illness, early deaths, anxiety and depression disorders and severe mental illness, all significantly higher than London averages. Mental ill-health is the single biggest category of referrals we receive and can range from depression and anxiety to more severe mental illness. Our current and recent mental health work includes weekly Positive Steps exercise and well-being classes run with local partners, plus a recent health and well-being pilot project, commissioned by Tower Hamlets Clinical Commissioning Group in 2014-15, for people with long-term physical conditions, mental illness and learning disability who were seen to be 'chronically disengaged' from NHS services. In addition to the physical data and well-being measures we were already using, this project enabled us to gain experience of using a number of new mental health evaluation tools e.g. Warwick Edinburgh Mental Wellbeing Scale and the Patient Activation Measure. We know from evaluation and feedback from many different projects that our interventions have made a big difference to participants' physical and mental well-being, which are often inextricably linked.

As a result of the project's work, we expect that service users with mental ill-health will:

- Lead more physically active lives (through increasing participation in continuing weekly exercise classes and health/well-being events/workshops)
- Experience improved mental well-being and increased ability to take control of their lives (through peer and social support, increased self management knowledge and skills)
- Have increased levels of community engagement (through running social activities, volunteering at Ability Bow, becoming mental health champions)

Our project meets the City Bridge Trust's 'Principles of Good Practice':

- Ability Bow involves service users in many ways, as Trustees, class assistants, volunteers, running fundraising programmes/activities. The project seeks to further facilitate the participation and involvement of disabled people with mental ill-health.
- We welcome and actively involve people from all backgrounds and local communities. We work with many different groups of people, from diverse communities and with different disabilities, and we seek to ensure our services are accessible in the widest sense.
- We have a track record of supporting volunteers in all our projects. The 3 year programme of work includes supporting disabled people with mental ill-health to increase involvement.
- We regularly discuss/implement energy saving and environmentally friendly measures in running the building and our wider service e.g. turning off lights, using recycled paper, reviewing heating use, and generally recycling as much material as possible.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

We are working towards PQASSO standards and implementation.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

By the end of the project, 680 Positive Steps exercise and fitness sessions for disabled people with mental ill-health take place in accessible venues in Tower Hamlets and Hackney

By the end of the project an outreach programme comprising 6 Health and Well-Being Days and 12 workshops with information, discussion and taster sessions takes place to promote well-being benefits of exercise and fitness

By the end of the project 600 disabled people with mental ill-health participate in Positive Steps exercise and fitness sessions, health and well-being days and workshops

By the end of the project at least 40 sessions of a new social club take place, to provide peer support

Through the life of the project, disabled people with mental ill-health are actively involved in the community, volunteering at Ability Bow, working as class assistants and as mental health champions to support others

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Disabled people with mental ill-health increase participation in exercise and fitness activities and report improved strength, mobility and independence

Disabled people with mental ill-health report improved mental well-being and increased ability to take control of their lives

Disabled people with mental-ill-health participating in the programme benefit from peer support and become more socially active

3 service users working as mental health champions support others to improve health and well-being

Through opportunities such as volunteering, helping out at Positive Steps sessions, assisting with events, taking part in Fun Runs, 12 service users increase involvement in Ability Bow's work

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We expect the need for the project to continue. We will evaluate the project to ascertain which aspects have worked well , look at key messages from service users themselves and develop a strategy to take identified work forward. We have good relationships with local partners and will build on these to help identify future funding.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

200

In which Greater London borough(s) or areas of London will your beneficiaries live?

Tower Hamlets (70%)

Hackney (30%)

What age group(s) will benefit?

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year? 200
In which Greater London borough(s) or areas of London will your beneficiaries live? Tower Hamlets (70%) Hackney (30%)
What age group(s) will benefit? 25-44 45-64 65-74 75 and over
What gender will beneficiaries be? All
What will the ethnic grouping(s) of the beneficiaries be? A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? 91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Positive Steps Development Instructor - lead post (14 hrs per week of 28k pro rata, inc of NI & pension)	11,440	11,440	11,440	34,320
Sessional Advanced Instructor hours (Y1 - 14 hrs per wk@£16 per hr; Y2 & 3 - 20hrs per wk)	11,648	16,640	16,640	44,928
Staff training & staff travel	693	843	843	2,379
Tutor costs (therapies and workshops)@ £30 per hr: 26 hrs in Y1; 52 in Y2 & 3	780	1,560	1,560	3,900
Venue costs for events, workshops and social club	1,750	2,600	2,600	6,950
Project printing and publicity	500	500	500	1,500
Volunteer and mentor expenses	200	400	600	1,200
Small office set-up & small equipment costs	1,150	200	0	1,350
Overheads contribution (Director hrs, Operations Manager hrs, rent, utilities etc)	5,080	4,680	4,680	14,440

TOTAL:	33,241	38,863	38,863	110,967
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Fees expected to be raised from the project, once activities commence - to help fund sessional Instructor hours	1,000	1,500	1,500	4,000

TOTAL:	1,000	1,500	1,500	4,000
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Applications to small grant funders for additional Instructor sessional hrs	0	4,992	4,992	9,984

TOTAL:	0	4,992	4,992	9,984
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Positive Steps Development Instructor	11,440	11,440	11,440	34,320
Sessional Advanced Instructor hours	10,648	10,148	10,148	30,944
Staff training & staff travel	693	843	843	2,379
Tutor costs	780	1,560	1,560	3,900
Venue costs for events, workshops and social club	1,750	2,600	2,600	6,950
Project printing and publicity	500	500	500	1,500

Volunteer and mentor expenses	200	400	600	1,200
Small office set-up & small equipment costs	1,150	200	0	1,350
Overheads contribution	5,080	4,680	4,680	14,440
TOTAL:	32,241	32,371	32,371	96,983

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	25,507
Activities for generating funds	44,409
Investment income	0
Income from charitable activities	194,410
Other sources	0
Total Income:	264,326

Expenditure:	£
Charitable activities	229,735
Governance costs	2,230
Cost of generating funds	27,224
Other	0
Total Expenditure:	259,189
Net (deficit)/surplus:	5,137
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	5,137

Asset position at year end	£
Fixed assets	11,573
Investments	0
Net current assets	17,534
Long-term liabilities	0
*Total Assets (A):	29,107

Reserves at year end	£
Restricted funds	9,151
Endowment Funds	0
Unrestricted funds	19,956
*Total Reserves (B):	29,107

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
41-50%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.			
	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	2,500	10,000
London Councils	0	0	0
Health Authorities	105,998	67,148	94,505
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.			
Name of Funder	2012 £	2013 £	2014 £
Lloyds Foundation	0	13,088	17,450
Awards for All	0	0	9,950
Sport England	0	9,250	0
Drapers Charitable Trust	0	0	5,000
Sobell Foundation	5,000	4,000	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Victoria Kent**

Role within **Director**
Organisation:

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The City Bridge Trust

**Investing In Londoners:
Application for a grant**



About your organisation

Name of your organisation: Arthritis Care	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Islington	
Contact person: Mr Andy Watts	Position: Partnership Fundraising Manager
Website: http://www.arthritiscare.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 206563
When was your organisation established? 18/02/1955	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Work supporting young disabled people (aged 16-25) in the transition to adulthood and/or independent living Services helping people with a newly acquired or diagnosed disability to maintain choice and control in their lives
Please describe the purpose of your funding request in one sentence. To fund two Young People and Families Co-ordinators (1.0FTE) providing emotional and practical support to young people living with juvenile idiopathic arthritis and their families
When will the funding be required? 02/01/2017
How much funding are you requesting? Year 1: £42,868 Year 2: £51,513 Year 3: £60,154 Total: £154,535

Aims of your organisation:

Arthritis Care exists to empower people with arthritis through information and support, ensuring their voices are heard and their conditions more effectively managed.

We have five impact goals:

- 1 To increase the number of people with arthritis who are able to manage their pain on a daily basis.
- 2 To improve the health and well-being of people with arthritis and ensure more have the confidence to manage their condition.
- 3 To reduce the physical and emotional isolation felt by many people living with arthritis.
- 4 To ensure more people with arthritis can live an independent life, receiving the support they are entitled to.
- 5 To improve services and ensure the voice of people living with arthritis is heard and acted on.

Main activities of your organisation:

We offer a range of services providing emotional and practical support to people affected by arthritis. These include a young people and families service which supported over 400 young people and families living with juvenile arthritis in 2015. We work collaboratively with Paediatric and Adolescent Rheumatology clinics, providing vital social and emotional support that complements and enhances young people's medical treatment. We also run Living Well with Arthritis services which supported over 8,000 people in 2015. This service includes drop-in events, talks, individual and peer group services.

We also have a dedicated helpline, the only arthritis helpline in the UK to cover all 200 forms of arthritis. This invaluable service provides emotional and practical support and information by phone, letter, email and via our online forum. As well as this, we support a network of 135 volunteer-led branches and groups that help provide vital peer support in communities across the UK.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
43	48	14	871

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	6 years

Summary of grant request

Approximately 1,000 young people are living with juvenile arthritis in London, an auto-immune condition (which means the body's own immune system attacks healthy cells and tissues) that targets the joints, resulting in severe pain, stiffness and swelling that has a life-changing impact on families. Young people face a variety of challenges including pain and fatigue resulting in missed schooling, isolation from not knowing others living with the condition which regularly lead to anxiety and depression and reduced employment prospects.

The two Project Co-ordinators will work collaboratively with the Adolescent Rheumatology teams at the Evelina London Children's Hospital and University College London Hospitals (UCLH) respectively. They will provide a programme of 1-2-1 contact support at clinic days and by phone and email, practical day workshops on topics chosen by the young people, two-night residential weekends and family day/events and parents groups. Our service will be complementary but additional to the rheumatology services by using a peer support model to help young people take control of their condition and make successful transitions to adulthood.

The project aims to increase young people's confidence about their future, increase young people's communication skills to negotiate their needs through transition to adult services and improve their self-esteem and confidence and reduce isolation, pre-empting feelings of anxiety and depression.

We have partnership arrangements in place with both hospitals and our Co-ordinators are working alongside their multi-disciplinary healthcare teams. Arthritis Care has over twenty years' experience of supporting young people and families living with juvenile arthritis. We have developed successful services in Northern Ireland and Scotland that are producing positive outcomes for young people and families living with juvenile arthritis. As part of this service, we have developed a range of effective activities and resources with leadership and input from young people.

Our project provides the emotional and practical support to help young people with juvenile arthritis to better manage their condition across their home, school/work and social lives. We will support a significant number of young people aged 15+ in the crucial transition from adolescent to adult health care.

In March, we ran a Family Day event with young living with juvenile arthritis in London which highlighted the need for increased support around schooling, social life and transition as well as peer support. We will continue to run forums with young people to shape the development of the project and how it is evaluated. We will collect feedback from the young people at every activity and workshop which will help shape services. We recruit and train young adults with experience of arthritis as volunteer peer supporters to co-deliver the programme and who will contribute directly to the project running and development.

We aim to recruit volunteers from diverse backgrounds and as the service becomes more established in each of the two hospitals, we will be actively recruiting young people from the hospital's own patient group to become peer support volunteers. Our procedures explicitly address issues of diversity to ensure we proactively consider issues in advance such as ensuring staff access training in equality issues and use a checklist to ensure activities are inclusive. All volunteers go through a formal recruitment process including an application form and interview to become a volunteer. All volunteers and their Supervisor sign a volunteer agreement outlining rights and responsibilities. Volunteers receive on-going training and support as well as receive expenses. Volunteers are celebrated with thank you cards, certificates and group events. Staff and volunteers are encouraged to travel by public transport where possible. We recycle and order only vegetarian food for training events.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

NHS England Information Standard

Helplines Association Accreditation

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

1,050 1-2-1 support contacts with young people living with juvenile arthritis-face to face, by phone and email over three years. Young people will receive support with strategies to help them maintain choice and control in their lives and successfully transition to adulthood

12 workshops over three years to provide young people with information and skills in self-management, health, education and employment and forums to encourage young people's views. The workshop days will be paired with a social activity

12 two night residential weekends over three years with a mix of workshops and fun activities, many of which young people may have been excluded from previously

6 Family days/events and parent group meetings over three years. The Co-ordinators will support the development of family days/events and parent group meetings to offer peer support and develop family activities.

Training and support for volunteers. Volunteers will participate in mandatory training in child protection and first aid. They will also be offered additional training. They will receive on-going support by telephone and email and an annual group event to celebrate achievements and plan for the year ahead.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

At least 65% of young people report 20% increase in levels of confidence about their future

At least 65% of young people report 20% increase in communication skills. Health professionals observe difference in individual patient's presentation.

At least 65% of young people report 20% increase in wellbeing. Health professionals observe difference in individual patient's presentation.

At least 65% of young people report 20% increase in their ability to manage their arthritis. Increased participation in chosen social/recreational activities and improved attendance at school/college/work.

80% of volunteers report and demonstrate increased knowledge, confidence and new skills. Observed levels of volunteers able to take on more responsibility, and lead activities with minimal supervision

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will maximise funding from national grant-making trusts such as BBC Children in Need as well as local trusts with interests in young people and London. As the service grows, we will encourage parents and siblings to support fundraising for the service as they have in Northern Ireland. We will also continue to fundraise from corporate partnerships and high value individuals.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

240

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

0-15

16-24

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
2 x Young People & Families Co-ordinator salaries (0.6 FTE), National Insurance and Pension (1.5% allowance for inflation in years 2 and 3)	35,521	36,054	36,595	108,171
Young People & Families Manager salary (1.0 FTE), National Insurance & Pension (1.5% allowance for inflation in years 2 and 3)	41,573	42,197	42,830	126,599
Other staffing costs (training and travel)	4,800	4,872	4,945	14,617
Workshops/residential weekends/Family events	13,820	27,682	41,253	83,025
Project costs (mobile phones)	1,440	1,462	1,484	4,385
Volunteer costs (training and expenses)	1,260	1,720	2,180	5,160
Project Evaluation (Outcome star)	555	563	572	1,690
Admin and materials	2,850	2,893	2,936	8,679
Overheads	10,182	11,744	13,306	35,233
TOTAL:	112,001	129,187	146,371	387,559

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Grant-making trusts	5,000	0	0	0
Corporates	20,000	0	0	0
TOTAL:	25,000	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
BBC Children in Need	23,798	25,563	25,832	75,193
Pfizer	10,000	0	0	10,000
Abbvie	10,000	10,000	0	10,000
TOTAL:	43,798	35,563	25,832	105,193

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
1.0 FTE - Young People & Families Co-ordinator salaries, National Insurance and Pension (1.5% allowance for inflation in years 2 and 3)	29,601	30,045	30,496	90,142
Other staffing costs (training and travel)	1,600	1,624	1,648	4,872
Workshops/residential weekends/Family events	6,910	13,841	20,762	41,513
Volunteer costs (training and expenses)	860	1,320	1,780	3,960
Overheads	3,897	4,683	5,469	14,049
TOTAL:	42,868	51,513	60,154	154,535

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: December	Year: 2015
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Income received from:	£
Voluntary income	3,678,000
Activities for generating funds	113,000
Investment income	57,000
Income from charitable activities	790,000
Other sources	31,000
Total Income:	4,669,000

Expenditure:	£
Charitable activities	4,074,000
Governance costs	0
Cost of generating funds	853,000
Other	0
Total Expenditure:	4,927,000
Net (deficit)/surplus:	-258,000
Other Recognised Gains/(Losses):	296,000
Net Movement in Funds:	38,000

Asset position at year end	£
Fixed assets	51,000
Investments	1,504,000
Net current assets	4,459,000
Long-term liabilities	487,000
*Total Assets (A):	5,527,000

Reserves at year end	£
Restricted funds	912,000
Endowment Funds	0
Unrestricted funds	4,615,000
*Total Reserves (B):	5,527,000

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 1-10%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: N/A

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	12,000	13,000	4,500
London Councils	0	0	0
Health Authorities	55,307	63,760	53,727
Central Government departments	0	0	0
Other statutory bodies	0	116,192	187,406

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Madam Betard Bequest Fund	98,864	91,812	71,812
Big Lottery Fund Northern Ireland	91,937	96,987	53,692
Big Lottery Fund Northern Ireland	34,018	80,351	62,866
BBC Children in Need Northern Ireland	24,048	26,460	6,692
BBC Children in Need Scotland	0	6,957	16,234

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Andy Watts**

Role within **Partnership Fundraising Manager**
Organisation:

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The City Bridge Trust

**Investing In Londoners:
Application for a grant**



About your organisation

Name of your organisation: Flying Gorillas	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Kensington & Chelsea	
Contact person: Mr Nigel Warrack	Position: Company Secretary
Website: http://www.flyinggorillas.co.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1089339
When was your organisation established? 10/07/2001	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Disabled people actively taking part in the arts or sport Disabled people involved in the running and management of arts provision
Please describe the purpose of your funding request in one sentence. Dance workshops and performances with people with learning disabilities, partly led by people with learning disabilities.
When will the funding be required? 20/02/2017
How much funding are you requesting? Year 1: £27,500 Year 2: £25,000 Year 3: £22,500 Total: £75,000

Aims of your organisation:

- 1 To provide opportunities for children, especially those from disadvantaged backgrounds, to participate in professional arts and experience excellence
- 2 To provide training, work experience and mentoring for young people, especially those from disadvantaged backgrounds, in the areas of performing arts and work with children
- 3 To advance education for the public benefit by the promotion of the arts, in particular but not exclusively the art of dance.
- 4 To identify the beauty and truth within people and things normally considered imperfect or worthless.

Main activities of your organisation:

Dance, live music and design for children 3-16

Training, work experience and mentoring for young people 16-24

Training, work experience and mentoring for people with learning disabilities

Intergenerational arts projects

Integration arts projects with Travelling Families

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	6	3	6

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	

Summary of grant request

NEED

- 1) Opportunities for young people with learning disabilities to be involved in the running and management of arts provision
- 2) Opportunities for young people with learning disabilities to engage in professional art forms that do not rely on language and experience excellence in the arts
- 3) Opportunities for children and teachers without disabilities to engage in arts led by people with learning disabilities

Evidence: 2015 report by John Hendry, manager, St Mark's Learning Disability Resource Centre, W11. 2016 confirmation from Val Patterson, Head of Learning, Westway Development Trust W10.

DELIVERY

The project will deliver two strands of work:

- 1) Training, work experience and mentoring in creative dance and workshop leading for young people with learning disabilities.
- 2) 3 x year round programmes of dance with live music for children and young people with and without learning disabilities delivered by a professional team of dancers and musicians that includes young people with learning disabilities.

As the programme progresses over three years, more and more young people with learning disabilities will be involved in the running of the service.

Phase 1, training: People with learning disabilities who demonstrate talent and dedication in dance receive training in how to deliver movement workshops for other members of the community.

Phase 2, work experience: Participants paired up for work placements in the community, assisting at professionally led workshops for various target groups: children 7-11 in mainstream education; children and young people 7-24 in special education; young people and adults with profound and multiple learning disabilities.

Phase 3 apprenticeship: participants select a target group to focus on and continue to assist at professionally led workshops, taking responsibility for specific exercises in each session and developing leadership skills. 1-2-1 support with mentoring.

AIMS

Young People with moderate learning disabilities acquire new skills, increasing aspiration and engagement with the local community.

Children with learning disabilities have new opportunities to engage in professional arts and experience excellence

Young People with profound and multiple learning disabilities enjoy exercise, visual and auditory stimulation that boost confidence and contribute to general well being.

Children and teachers without disabilities have uniquely positive opportunities to engage with people with learning disabilities which foster mutual respect and reduce prejudice within the community.

RIGHT ORGANISATION

The company has nearly twenty years' experience in dance and live music with vulnerable groups in West London and a proven international track record. Art forms that do not rely on language are the best approach to work with people with learning disabilities, allowing for equal inclusion of people with profound and multiple disabilities who do not use language as well as children with EaAL. People with learning disabilities often show genuine dance skills, working with spontaneity, creativity and comic timing. At times they have the upper hand in creative dance workshops.

OUTCOME 1

New opportunities for young people with learning disabilities actively to take part in arts.

OUTCOME 2

New opportunities for young people with learning disabilities to be involved in the running

and management of arts provision.

GOOD PRACTICE

Young people with learning disabilities involved at all stages of planning, management and running of the service. Steering group that includes people with learning disabilities meets at least three times a year.

Artistic team provides visible and highly optimistic example of diversity, including Black British, British Chinese; Filipino; Latin American and one disabled dancer.

Strong and enthusiastic team of volunteers, supported with travel and childcare allowance. Project will be delivered in line with company environmental policy, devised in collaboration with RBK&C. Policy regularly reviewed and available on request

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Working towards London Youth Quality Mark

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Dance/live music for CYP with/without learning disabilities delivered by professional team of dancers/musicians including YP with learning disabilities on work experience/apprenticeship.

Approx 330 participants p/a

118 x 1.5 hr sessions

9 Tasters

99 General (11 per term, 3 schools)

10 Holiday (2 Easter, 5 Summer, 3 half terms)

Training, work experience, mentoring for YP with learning disabilities.

Approx 15 participants p/a

Induction 2 hrs (small groups, various times)

Skills training 12 hrs (6 sessions Weds 7-9 pm)

Work experience 9x3 hrs (including travel, times according to workshops in activity 1)

Mentoring 2 hrs (small groups, various times)

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

15 Young People with moderate learning disabilities will receive training, work experience and mentoring; acquire new skills; have new, inspiring experiences which will increase aspiration and ensure positive engagement with the local community.

110 Children with learning disabilities will have new opportunities to engage in professional arts and experience excellence with uniquely inspiring role models: workshop leaders with learning disabilities.

15 Young people with profound and multiple learning disabilities will have new opportunities in exercise, visual and auditory stimulation that will boost confidence and contribute to general well being.

220 Children and teachers without disabilities will have opportunities to meet and engage with people with learning disabilities on equal terms in professional, arts sessions that do not rely on language.

Local people will have volunteering opportunities and become better equipped to provide support to children and disabled people

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Funds generated by the project, supplemented by royal borough of kensington and chelsea and london borough of hammersmith and fulham

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

345

In which Greater London borough(s) or areas of London will your beneficiaries live?

Kensington & Chelsea (50%)

Hammersmith & Fulham (30%)

Westminster (20%)

What age group(s) will benefit?

0-15

16-24

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

71-80%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
workshop leaders salaries	47,200	47,200	28,320	122,720
apprentice fees	1,240	1,240	1,240	3,720
general manager	6,240	4,720	4,720	15,680
administrator	6,240	4,720	4,720	15,680
bookkeeper	554	554	554	1,662
workshop materials	770	770	770	2,310
admin costs, dbs checks, insurance	2,376	2,952	812	6,140
volunteers' expenses	1,140	1,104	524	2,768
evaluation	840	840	840	2,520

TOTAL:	66,600	64,100	42,500	173,200
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
RBK&C	13,000	13,000	13,000	39,000
LBH&F	7,000	7,000	7,000	21,000
CoW	2,100	2,100	0	4,200
EU	17,000	17,000	0	34,000

TOTAL:	39,100	39,100	20,000	98,200
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
workshop leaders salaries	18,880	18,880	18,880	56,640
apprentice fees	1,240	1,240	1,240	3,720
general manager	3,120	1,888	928	5,936
administrator	3,120	1,888	928	5,936
bookkeeper	0	0	0	0
workshop materials	0	0	0	0
admin costs, dbs checks, insurance	0	0	0	0
volunteers' expenses	1,140	1,104	524	2,768
evaluation	0	0	0	0

TOTAL:	27,500	25,000	22,500	75,000
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: December	Year: 2014
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Income received from:	£
Voluntary income	0
Activities for generating funds	0
Investment income	0
Income from charitable activities	76,773
Other sources	0
Total Income:	76,773

Expenditure:	£
Charitable activities	76,450
Governance costs	1,349
Cost of generating funds	0
Other	0
Total Expenditure:	77,798
Net (deficit)/surplus:	-1,025
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	1,494
Investments	0
Net current assets	65,727
Long-term liabilities	0
*Total Assets (A):	67,221

Reserves at year end	£
Restricted funds	146
Endowment Funds	0
Unrestricted funds	67,075
*Total Reserves (B):	67,221

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
71-80%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	13,000	13,000	13,000
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
BIG Lottery Reaching Communities	37,876	39,010	40,022
	0	0	0
	0	0	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Nigel Warrack**

Role within **Company Secretary**
Organisation:

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The City Bridge Trust

**Investing In Londoners:
Application for a grant**



About your organisation

Name of your organisation: Havelock Family Centre	
If your organisation is part of a larger organisation, what is its name? No	
In which London Borough is your organisation based? Ealing	
Contact person: Miss Neelam Rahi	Position: Manager
Website: http://www.havelockfamilycentre.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1119136
When was your organisation established? 01/06/1986	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Community buildings that are more accessible and as a result
Please describe the purpose of your funding request in one sentence. Refurbishment works to our Family and Community Centre to include children, elderly and disabled people in our full range of services throughout the building.
When will the funding be required? 01/12/2016
How much funding are you requesting? Year 1: £95,500 Year 2: £0 Year 3: £0 Total: £95,500

Aims of your organisation:

Havelock Family Centre's (HFC) is a drop-in family and community centre whose charitable objects are: "to promote any charitable purpose for the benefit of the inhabitants, especially the parents and children of Ealing, and to relieve poverty, sickness and distress, through promoting health, advancing education, and improving, through working with partners, conditions of life for local residents."

We are the first point of contact/help for local people in need in a ward affected by multiple social and economic disadvantages. Our services seek to enable local people to address entrenched problems of poverty, indebtedness, and lack of skills and of job opportunities, ill health and social isolation. Our services range from early intervention through developing skills and promoting access to services and entitlements to providing intensive support to families facing complex challenges including domestic abuse, substance misuse, and mental health issues.

Main activities of your organisation:

Our services include:

- Welfare benefits advice with casework for people struggling to make ends meet. We also host surgeries providing specialist advice and legal representation (a service we support by providing interpretation for non-English speaking service users).
- Financial capability training to help people, especially young people to better manage finances, make informed money choices, and reduce economic hardship.
- Parenting workshops targeting communities with different cultural norms on how to raise children, including awareness of domestic violence and safeguarding issues.
- Healthy living workshops on obesity, dental hygiene, and healthy lifestyle choices.
- Projects to support unemployed people, including volunteering opportunities to gain skills, employability support; job applications, providing references.
- Child Contact; enabling absent parents to re-establish relationships with children after separation. We advise parents on cooperative parenting, reducing children's exposure to conflict. Through this work engage with fathers, traditionally a hard to reach group.
- Mentoring/peer advocacy programmes targeting vulnerable and isolated parents, including new arrivals, lone parents and domestic abuse survivors.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	1	7	10

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

Need: HFC is based on the run-down Havelock Estate in Norwood Green, which ranks amongst England's 10% most deprived wards (DCLG Index of Commission of Deprivation 2015). Local families tend to be trapped in poverty/deprivation; live in sub-standard social housing; have few opportunities to socially interact; and have low levels of expectation and aspiration.

We own the freehold of a two storey building that was in substantial disrepair when purchased and 70% of the building remains unused due to the need for major repairs (the whole first floor cannot be used). The building is not accessible with significant physical barriers still remaining. This limits project delivery and largely excludes disabled and ambulant disabled clients from using our services. For example, wheelchairs users are unable to gain access beyond the small front entrance foyer. The dilapidated condition prevents us from effectively addressing community needs, expand services, and ensure the centre's overall offer is fully inclusive to all.

We commissioned an access audit and design appraisal of plans to make our centre fit for purpose. The recommendations have been fed into the architectural drawings, delivering what we believe is a successful inclusive scheme. Our Service User Group, inclusive of people with access requirements (wheelchair users and elderly), have helped inform the plans. Their involvement will continue throughout project planning and delivery.

We seek a grant towards: accessible parking, non-slip gradient path to entrance, a rear extension will provide space for two accessible WCs, a passenger lift to enable access to training and counselling rooms on the first floor, external/internal signage and widening of internal doors. The refurbishment will create fully accessible multi-functional and flexible spaces, including a large hall/crèche, training and counselling rooms and offices. Our priority is to remove barriers preventing disabled users from fully accessing services, ensure they benefit from activities, so that they fully integrate into community life. Affordable room rental/hires will enable other organisations to deliver services to local people and generate additional income for us to reinvest in our community and run more services on a more sustainable basis.

Project delivery: will be led by London Borough of Ealing's Major Development Team (surveyors, architects, etc.) who are experienced at planning, procurement, construction and managing building contracts. They will work with our Board and Manager to ensure work progresses to plan and within budget. Contractors will be appointed through a tendering process.

We have the right competencies to successfully complete this project and sound systems to manage, control and account for funds. We have full support from the London Borough of Ealing who have provided substantial funds (£220,000); and pro-bono technical support (from in-house architects, surveyors, planners etc.) throughout the preliminary stages and we have secured a significant proportion of the costs. Our work reflects the Trust's good practice principles: We are fully committed to engaging users in planning and evaluating our services, our organisation mirrors the diversity of the local area and we especially value our volunteers, without whom we could not deliver the breadth of services we offer.

As an organisation, within access of the local community, the decreased usage of cars and encouraging families to walk is promoted, raising the awareness and connectedness of local people, promoting information to support service users' interest and understanding of environmental issues.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Advice Quality Standard, Investors in People, Accredited Child Contact Centre, Help and Support for Separated Families

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Installation of a fully accessible Passenger Lift to access training facilities on first floor.

Extension to building to enable installation of passenger lift and two accessible toilets; one on ground floor and one on first floor.

Two new accessible WCs with handrails/fittings and hand dryers.

Create new permanent accessible non slip gradient path for main entrance with external lighting with gradient of 1.20 with suitable width to level threshold at the entrance.

Improve signage and way-finding system both internally and externally.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Reduced social isolation of disabled children, adults and older people; through improved access and take up of services and activities in the local community.

Disabled users report improved emotional well-being through increased participation in activities including volunteering opportunities.

A 20% increase in disabled users accessing advice/advocacy and support service within 6 months of re-opening.

Accessible affordable space for use by other charities bringing additional services for disabled service users.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Increase in overhead costs after completion will be met by; including management fees, revenue and direct project costs in funding applications, room hire for meetings and training, rental income, charges for equipment use, maximise income by organising, advertising and delivering our own courses, fees, charges and subscriptions paid by members of the public (i.e. users, visitors).

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year? 1,500
In which Greater London borough(s) or areas of London will your beneficiaries live? Ealing (90%) Hounslow (4%) Hillingdon (4%) London-wide (2%)
What age group(s) will benefit? All ages
What gender will beneficiaries be? All
What will the ethnic grouping(s) of the beneficiaries be? A range of ethnic groups White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background) Mixed / Multiple ethnic groups Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background) Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? 11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Capital costs inc VAT	395,920	0	0	395,920
Professional fees inc VAT	50,740	0	0	50,740
Surveys and Reports inc VAT	10,000	0	0	10,000
Statutory fees	4,029	0	0	4,029
Contingency @ 3%	13,821	0	0	13,821

TOTAL:	474,510	0	0	474,510
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
London Borough of Ealing	200,000	0	0	200,000
Ward Forums	20,000	0	0	20,000
Trusthouse Charitable Trust	45,000	0	0	45,000

TOTAL:	265,000	0	0	265,000
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Garfield Weston (applied)	43,610	0	0	43,610
Henry Smith Charity (applied)	65,400	0	0	65,400
Screwfix(applied)	5,000	0	0	5,000

TOTAL:	114,010	0	0	114,010
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Accessible Passenger Lift	26,000	0	0	26,000
Installation of two new accessible WCs	11,000	0	0	11,000
Extension shell for installation of Lift and 2 x WCs	28,000	0	0	28,000
Internal doors with powered openers/push pads	6,000	0	0	6,000
Gradient access path/non-slip paving (entrance and emergency exit)	9,000	0	0	9,000
Dropped kerb	1,700	0	0	1,700
Internal/External Signage and way finding	7,300	0	0	7,300
Staircase handrails	1,500	0	0	1,500
Contribution towards electrical work for accessibility; door entry system/push pads etc	5,000	0	0	5,000

TOTAL:	95,500	0	0	95,500
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Revised Budget – Appendix 1

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Capital costs inc VAT	395,920	0	0	395,920
Professional fees inc VAT	50,740	0	0	50,740
Surveys and Reports inc VAT	10,000	0	0	10,000
Statutory fees	4,029	0	0	4,029
Contingency @ 3%	13,821	0	0	13,821

TOTAL:	474,510	0	0	474,510
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
London Borough of Ealing	200,000	0	0	200,000
Ward Forums	20,000	0	0	20,000
Trusthouse Charitable Trust	45,000	0	0	45,000

TOTAL:	265,000	0	0	265,000
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Garfield Weston (applied)	43,610	0	0	43,610
Henry Smith Charity (applied)	65,400	0	0	65,400
Screwfix(applied)	5,000	0	0	5,000

TOTAL:	114,010	0	0	114,010
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Accessible Passenger Lift	26,000	0	0	26,000
Installation of two new accessible WCs	11,000	0	0	11,000
Extension shell for installation of Lift and 2 x WCs	28,000	0	0	28,000
Internal doors with powered openers/push pads	6,000	0	0	6,000
Gradient access path/non-slip paving (entrance and emergency exit)	9,000	0	0	9,000
Dropped kerb	1,700	0	0	1,700
Internal/External Signage and way finding	7,300	0	0	7,300
Staircase handrails	1,500	0	0	1,500
Contribution towards electrical work for accessibility; door entry system/push pads etc	9,500	0	0	9,500

TOTAL:	100,000	0	0	100,000
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	0
Activities for generating funds	0
Investment income	311
Income from charitable activities	76,230
Other sources	0
Total Income:	76,541

Expenditure:	£
Charitable activities	55,249
Governance costs	3,175
Cost of generating funds	0
Other	0
Total Expenditure:	58,424
Net (deficit)/surplus:	18,117
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	136,268
Investments	0
Net current assets	168,290
Long-term liabilities	57,439
*Total Assets (A):	247,119

Reserves at year end	£
Restricted funds	14,806
Endowment Funds	0
Unrestricted funds	232,313
*Total Reserves (B):	247,119

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
41-50%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Unrestricted funds include 12months reserves and internally generated purchase of the building for £136.268. Of liquid reserves (169,040) unrestricted reserves stood at £100,851 at 31.03.2015 which will reduce given temporary accommodation costs 6 months during refurbishment and our commitment to meet the project's unforeseen costs from this pot. Once works are completed, annual expenditure will increase with free reserves falling below our reserves policy.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	34,000	34,000	43,682
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		2012 £	2013 £	2014 £
London Borough of Ealing	34,000	34,000		43,682
People's Health Trust	18,570	6,250		0
LLoyds TSB	13,701	13,700		0
Big Lottery Fund (Transiton Fund)	0	15,000		10,000
London Community Foundation	0	0		15,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Neelam Rahi**

Role within **Manager**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Merton Mencap	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Merton	
Contact person: Ms Venetia Barton	Position: Fundraising Manager
Website: http://www.mertonmencap.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1113444
When was your organisation established? 02/01/1964	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Work supporting young disabled people (aged 16-25) in the transition to adulthood and/or independent living
Please describe the purpose of your funding request in one sentence. To empower learning disabled young people to help others through volunteering activities, leading to increased independence, confidence and self esteem as they transition to adulthood.
When will the funding be required? 10/11/2017
How much funding are you requesting? Year 1: £13,690 Year 2: £15,705 Year 3: £15,605 Total: £45,000

Aims of your organisation:

We aim to provide excellent services for people with a learning disability or autism, based in Merton, which support each individual to achieve and develop, in a way that is defined by them or for them. Our aim is to improve the lives of adults, young people and children with learning disabilities and to enable them to be safer, healthier, as independent as possible, and to participate in community life. We aim to support families of people with learning disabilities. We help parent/carers to be less isolated, more resilient and to have a voice in the planning of local services which affect them and the person they care for. (From now on autism will be included in the use of 'learning disability' to save space, young learning disabled people will be referred to as young people unless they are specified as non disabled and parents/carers will be referred to as carers).

Main activities of your organisation:

We provide clubs for different age ranges; a cafe run by learning disabled adults; holiday play schemes; Gateway Active Award (similar to the Duke of Edinburgh Award) that teaches essential life skills to learning disabled people.

All clubs integrate life skills, good nutrition, keeping fit and staying safe in the community and we provide travel training to help learning disabled people become more independent. We enable participants to experience new things, meet new people, have fun, be healthy, and stay safe to help increase their confidence, independence and self esteem.

We run a carer's group and Merton's forum for families with learning disabled children under 25 and a forum for carers of adults.

We provide services to meet the needs of learning disabled people, including behaviourally challenging people and those with complex needs. We provide services to young people who suffer because they fall outside statutory eligibility criteria.

We help move people forward in life by setting personal goals and providing support to achieve those goals; in particular increasing independence and resilience.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	67	9	19

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	On-going lease, reviewed annual

Few opportunities exist that support young people young people to develop the skills to be independent to help them transition to adulthood. Tasks such as travelling alone, understanding money, visiting a shop and managing their own personal care are often too difficult unless the right support is provided. Opportunities for young people to be independent are therefore rare, and they are obliged to rely on their families.

In 2012, we conducted a strategic review by consulting local stakeholders including people with a learning disability, family carers, and local professionals from health, education and social care. Their responses identified gaps in services which promote health and wellbeing for learning disabled people and development of their independent living skills.

Our innovative project, the 'Giving Back Club,' will be run by our qualified and experienced staff. It will support 14 young people aged 16-25 to transition to adulthood by providing a weekly 4 hour programme of activities over 48 weeks to increase and enhance their life skills, with volunteering activities at its heart e.g. helping other vulnerable people. Each participant will agree a set of personal goals and the club will be structured to help them to achieve these targets.

We have consulted parents and some of the young people from our clubs about the Giving Back project. All feedback confirms the club would address an unmet need.

Giving Back will be based in Mitcham, which has pockets of high deprivation. (www.uklocalarea.com) We will use our extensive local networks (having served the community for over 50 years) to reach hard to reach families.

We will:

- teach young people new life-skills to make them more independent
- provide opportunities for them to improve their health and wellbeing
- support young people to make new friends
- help develop their personal safety in the community and online
- support young people to help other vulnerable people in the local community, increasing their self-worth and confidence
- facilitate young people to take part in community activities, increasing their sense of being an equal, valued member of society

We will achieve this by:

- making the club accessible, e.g. including specialist communication methods such as PECS, Makaton
- involving young people in the design, delivery and evaluation of the club
- supporting activities in mainstream society and enabling young people to 'give back' to their communities through taking part in local volunteering and helping other people in need
- non-disabled teenagers coming to help out at the club and taking part in activities/volunteering alongside club members
- local companies and individuals holding skills workshops to prepare them for their volunteering activities.
- challenging society's perceptions of what young people with a learning disability are capable of, demonstrating that they can achieve a great deal with the right support

Why Merton Mencap?

- In depth evaluations show our impact
- Our Board of Trustees comprises 4 carers and a learning disabled person
- Our CEO has 20 years experience supporting learning disabled people
- Our Projects Manager has a long history of working in education and has published work on activities for people with special needs
- Our affiliation to Royal Mencap requires us to adhere to certain standards of health and safety and managing risk
- In 2015, our charity was awarded the Youth Approved Volunteering Award for our work with young volunteers

This project has and will meet City Bridge Trust's principles of good practice through continuation of:

- acting on 1-1 and group feedback with everyone involved; evaluations; consultations with the community
- inclusivity and diversity
- risk assessments of every participant
- induction, training and support for our volunteers
- improving and building on our Environmental Policy to help us to reduce our carbon footprint and waste

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Our affiliation with the national charity Royal Mencap Society, requires us to meet certain standards as a condition of our affiliation. We also have the following: The London Youth Quality Mark (AQYP); Youth Improved Volunteering Award; Positive about Disability Kitemark; Food Hygiene 5* score (the highest awarded).

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

We will deliver a 4 hour weekly club on a Saturday afternoon for 48 weeks each year focused on supporting 14 young people with a learning disability or autism in their transition to adulthood

14 young people will be supported to learn life skills such as how to independently manage money, plan a healthy meal, visit a shop to purchase ingredients, prepare the meal and eat together

14 young people will be supported to volunteer and help other vulnerable people in the local community at least once a month e.g. gardening, painting, baking, shopping for others - achieved through collaboration with local companies, individuals and charities.

14 young people will take part in fitness activities including team sports, swimming, walking, gym workouts; first aid training; sessions on nutrition, interactive health education as well as health screening to help prevent weight-related illness (which is more prevalent in disabled people)

14 young people will carry out activities which encourage joint working and friendships

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Each year 14 young people who have a learning disability or autism aged 16-25 will gain life skills that will help them feel more independent.

Each year 14 young people will gain life skills they are able to use for the benefit of others, increasing their sense of self worth and confidence

Each year, 14 young people will be healthier.

Each year, 14 young people will have made new friendships.

Each year, 20 local businesses/individuals will report a positive change in the way they perceive people with a learning disability.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will continue beyond 3 years and will seek funding from Trusts and Foundations, Corporates, our Major donors and from Community Fundraising. The Taylor Family Foundation who have been enthusiastic about awarding Giving Back £10,000 is keen to 'maintain longer term relationships with a core group of charities operating in the trustees' particular areas of interest' so they may continue to fund it.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

14

In which Greater London borough(s) or areas of London will your beneficiaries live?

Merton (100%)

What age group(s) will benefit?

16-24

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries inc holiday cover, ENI,AEP, DBS & training	14,866	14,866	14,866	44,598
Venue hire	4,800	4,800	4,800	14,400
Skills based volunteering (workshops and volunteering)	1,440	1,440	1,440	4,320
Materials (e.g.gardening)	1,000	800	700	2,500
Food	2,400	2,400	2,400	7,200
Transport for volunteers & to volunteering activities	1,200	1,200	1,200	3,600

TOTAL:	25,706	25,506	25,406	76,618
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Taylor Family Foundation	10,000	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Service users contribution where possible & Community Fundraising	2,016	2,016	2,016	6,048
The Discovery Foundation	5,000	0	0	5,000

TOTAL:	7,016	2,016	2,016	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Team staff salaries (inc. holiday cover, but not inc. AEP or ENI)	10,058	10,058	10,058	30,174
Transport for volunteers & to volunteering activities	1,200	1,200	1,200	3,600
Skills based activities (workshops & volunteering etc.)	1,432	1,432	1,432	4,296
Materials (e.g. gardening equipment)	1,000	800	700	2,500
Food and refreshments	0	2,215	2,215	4,430

TOTAL:	13,690	15,705	15,605	45,000
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Revised Budget – Appendix 1

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries inc holiday cover, ENI,AEP, DBS & training	14,866	14,866	14,866	44,598
Venue hire	4,800	4,800	4,800	14,400
Skills based volunteering (workshops and volunteering)	1,440	1,440	1,440	4,320
Materials (e.g.gardening)	1,000	800	700	2,500
Food	2,400	2,400	2,400	7,200
Transport for volunteers & to volunteering activities	1,200	1,200	1,200	3,600
	0	0	0	0

TOTAL:	25,706	25,506	25,406	76,618
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Taylor Family Foundation	10,000	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Service users contribution where possible & Community Fundraising	2,016	2,016	2,016	6,048
The Discovery Foundation	5,000	0	0	5,000
	0	0	0	0
	0	0	0	0

TOTAL:	7,016	2,016	2,016	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Team staff salaries (inc. holiday cover, but not inc. AEP or ENI)	13,900	15,210	15,400	44,510
Transport for volunteers & to volunteering activities	0	1,200	1,200	2,400
Skills based activities (workshops & volunteering etc.)	0	1,440	1,440	2,880
Venue Hire	0	4,800	4,800	9,600
Food and refreshments	0	1,250	1,160	2,410

TOTAL:	13,900	23,900	24,000	61,800
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	487,728
Activities for generating funds	11,020
Investment income	644
Income from charitable activities	42,191
Other sources	2,238
Total Income:	543,821

Expenditure:	£
Charitable activities	471,762
Governance costs	746
Cost of generating funds	4,315
Other	105,218
Total Expenditure:	582,041
Net (deficit)/surplus:	-38,220
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	380,693
Long-term liabilities	0
*Total Assets (A):	380,693

Reserves at year end	£
Restricted funds	102,419
Endowment Funds	0
Unrestricted funds	278,274
*Total Reserves (B):	380,693

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
61-70%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

The only change to the organisation since its 2014-15 audited accounts is that the charity has employed a Fundraising Manager.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	295,435	338,382	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	12,796	15,000	15,000
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Generations Foundation	12,000	7,000	0
Children In Need	27,622	28,090	28,090
Lloyds Bank Foundation	0	13,650	13,850
Bailey Thomas	0	0	8,000
The Mercers Company	0	0	15,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Venetia Barton**

Role within **Fundraising Manager**
Organisation:

The City Bridge Trust

**Investing In Londoners:
Application for a grant**



About your organisation

Name of your organisation: Action on Hearing Loss	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Islington	
Contact person: Miss Rime Hadri	Position: Development manager
Website: http://https://www.actiononhearingloss.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 207720
When was your organisation established? 06/09/1911	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives
Please describe the purpose of your funding request in one sentence. Information outreach for older Londoners. Supporting them to take action on their hearing loss, leading to healthier and active lifestyles.
When will the funding be required? 02/01/2017
How much funding are you requesting? Year 1: £25,774 Year 2: £29,100 Year 3: £30,399
Total: £85,273

Aims of your organisation:**Our vision**

A world where hearing loss doesn't limit or label people, where tinnitus is silenced -- and where people value and look after their hearing.

Our purpose

To help people confronting deafness, tinnitus and hearing loss to live the life they choose. We enable them to take control of their lives and remove the barriers in their way.

Our strategy

We provide people Support and Care, invest and support the development of ground breaking Technology and Treatments, as well as cures, and we campaign for Equality.

Main activities of your organisation:

Action On Hearing Loss is a national charity which has been providing services to people with hearing loss for over 100 years. Our core services use 'theory of change' as an operational planning tool to ensure our work is SMART outcomes focused, which includes:

- Specialist care and support provision for deaf people with additional or complex needs across the UK, including 43 supported housing.
- Hearing aid support delivered by volunteers in community settings.
- Befriending and peer-support services.
- Information on hearing loss via telephone information lines and through our face-to-face information provision in local communities.
- We manage assessment and rehabilitation services under contract to local authorities, including four joint sensory services
- We undertake social research to enable us to build a strong evidence base for services and support for people with hearing loss
- We fund biomedical research to help find treatments and cures for hearing loss and tinnitus
- We campaign for equality

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
601	438	14	1,400

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

Unaddressed hearing loss has a major impact on older people that can lead to communication difficulties, social isolation, loneliness, depression, reduced quality of life and loss of independence -- and evidence now suggests that hearing loss may increase the risk of developing dementia (National Council On Aging, 2000).

Older Londoners are the fastest growing population group in London. By 2041 there will be more than 1.65m people aged 65 and over -- 16% of total population in London (GLA, 2014). Hearing loss is the most common health problem which affects older Londoners, approximately 600,000, and 70% of people aged 70 and over have some form of hearing loss (POPPI, 2015).

From our own research and experience of delivering information services we know that many people with hearing loss do not know what support and services are available to them and/or are not appropriately signposted. A survey of our members showed that 79% of respondents, when fitted with hearing aids, did not receive any information about other services and potentially useful technology (Low, 2015). Using volunteers who have first-hand experience with hearing loss provides a person-centered approach, maximising the impact of information provision for older people (Impact, 2015).

We are currently successfully delivering a volunteer-led face-to-face information service in Northumberland, Devon and Cornwall, and Northern Ireland and operate a more limited service in other parts of the UK, including London. To date, our volunteer-led face-to-face information service in London has been limited due to a lack of resources. Our proposed project is to expand this service in London and to make it more strategic and targeted.

Delivered by Information Officers, managed by an Information Manager and supported by the Head of Service, this project provides face-to-face information in the heart of key identified communities. Information activities will be designed with older people in their local communities and will involve volunteers providing targeted information and support to older people in their local communities such as local libraries, GP surgeries, giving talks to local groups and providing information to organisations on making their services more accessible to people with hearing loss.

The unique aspect of the proposed project is the longitudinal monitoring and evaluation research, which will be managed by a Project Manager and coordinated by a Development Manager. Whilst we know our face-to-face service is well received we want to build strong evidence that our face-to-face hearing loss intervention encourages older people to take action on their hearing loss, and their health and well-being is improved which allows them to lead more connected lives, as well as to work with health, social care and voluntary organisations to enable them to better support older people with hearing loss.

Where possible we will also offer basic hearing screening and demonstrate assistive equipment such as personal listeners, amplified telephones and vibrating alarms in order to help people become more connected. Our ultimate aims are to ensure we remove a known major barrier and enable older people to be able to live active and healthier lives, as well as improve their well-being and ultimately prevent depression from loneliness and isolation.

We have successfully secured funding from the BIG lottery to expand this project in Scotland, London and South East and Northern Ireland. However, we have not secured all the funding we need and are now approaching other funders who we feel might be interested in supporting this exciting project over the next 3 years. We would like to ask the City Bridge Trust to support the expansion of our face-to-face information service only across London enabling a diverse reach of older people with a hearing loss.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Corporate Member of Association of Sign Language Interpreters, Investors in People, Corporate Members British Safety Council, 'Member' of Charities Safety Group. Members of UK Council on Deafness, Two Ticks Mark "Positive About Disabled People" Body, British Institute of Learning Disabilities.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

To deliver information outreach stands in various relevant community locations. We will carry out an initial mapping exercise to identify these locations to ensure the reach of diverse communities. We will record number and demographics of people accessing our information stands, including contact details for follow ups and feedback survey.

To deliver talks at local community groups as well as talks at events organised by the information manager. We will carry out a mapping exercise to identify key local community groups ensuring a reach of diverse communities. We will evaluate the impact of these activities.

As part of our information outreach service we will sign-post beneficiaries to local community services such as local deaf clubs, lip-reading classes and other relevant services that may be of benefit to them.

Recruit, train, support and maintain appropriate peer-volunteers according to the different locations across London. Record numbers and demographics of volunteers, maintain 1:1 regular supervision notes and feedback survey at the end of each year to ensure their needs are met, and they feel supported and valued.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Older people from diverse backgrounds with addressed and unaddressed hearing loss will feel better informed, know their choices and rights about hearing loss and take action - leading to improved communication and healthier and more active lifestyles.

Local community groups will be better informed about hearing loss and with this knowledge they will be equipped to provide a more inclusive service for people with hearing loss. In addition older people with hearing loss will feel better supported- leading to improved communication, and healthier and more active lifestyles.

Older people from diverse backgrounds with addressed and unaddressed hearing loss report feeling more included, and better connected to their families, local communities and the world around them.

Volunteers will feel valued and supported, in turn this will empower older people with a hearing loss to take action, feel better supported and connected to the world around them.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Information provision is one of our priority area. We plan to continue developing this service beyond the project period and the impact data from this project will underpin the evidence base of it's effectiveness to strengthen future funding proposals. We intend to fund this from trusts, and plan to approach the Big Lottery for continuation of funding.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

10,000

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

21-30%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
London Information Officer 1FTE & Regional Information Manager 0.6FTE	37,720	48,271	49,236	135,227
Administrator 0.3 FTE	5,744	5,859	5,976	17,579
Project Manager 0.2 FTE	6,956	7,095	7,237	21,288
Information Development Manager 0.2 FTE	5,566	0	0	5,566
Volunteer - recruitment, training, expenses	5,186	7,280	7,868	20,334
Communication Support (BSL)	900	3,600	3,600	8,100
Marketing and general running costs	17,321	14,150	15,215	46,686
Project Management & Support	3,338	3,405	3,473	10,216
M&E	7,000	7,000	7,000	21,000

TOTAL:	89,731	96,660	99,605	285,996
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Big Lottery Fund - Accelerated Ideas	64,139	67,559	69,206	200,904
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Total London project	89,913	96,659	99,605	286,177
Amount secured from Big Lottery (deduct)	64,139	67,559	69,206	200,904
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	25,774	29,100	30,399	85,273
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2016
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Income received from:	£
Voluntary income	13,244,000
Activities for generating funds	0
Investment income	148,000
Income from charitable activities	24,440,000
Other sources	548,000
Total Income:	38,380,000

Expenditure:	£
Charitable activities	34,673,000
Governance costs	0
Cost of generating funds	4,183,000
Other	0
Total Expenditure:	38,856,000
Net (deficit)/surplus:	-476,000
Other Recognised Gains/(Losses):	113,000
Net Movement in Funds:	4,465,000

Asset position at year end	£
Fixed assets	12,689,000
Investments	3,387,000
Net current assets	6,265,000
Long-term liabilities	7,381,000
*Total Assets (A):	14,960,000

Reserves at year end	£
Restricted funds	2,326,000
Endowment Funds	68,000
Unrestricted funds	12,566,000
*Total Reserves (B):	14,960,000

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
1-10%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:
None.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	625,705	857,257	719,715

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Fund	516,495	564,139	272,364
The H B Allen Charitable Trust	50,000	0	0
The Charles Wolfson Charitable Trust	0	52,000	0
The Liz & Terry Bramall Charitable Foundation	0	35,000	35,000
The Haberdasher's Benevolent Foundation	0	30,000	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Rime Hadri**

Role within **Development manager**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Bubble Theatre Company	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Southwark	
Contact person: Mr Jonathan Petherbridge	Position: Creative Director
Website: http://www.londonbubble.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 264359
When was your organisation established? 14/06/1972	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives Fewer older Londoners aged over 75 years with depression and more reporting improved well-being
Please describe the purpose of your funding request in one sentence. Making a lasting and material difference to the health and wellbeing of isolated people over 75 from diverse backgrounds from North Southwark through creative workshops.
When will the funding be required? 03/04/2017
How much funding are you requesting? Year 1: £20,000 Year 2: £18,000 Year 3: £15,000 Total: £53,000

Aims of your organisation:

The Company is a Registered Charity and its principal object, as detailed in the Memorandum and Articles of Association, continues to be the advancement of the education of the public through the promotion and support of the art of the theatre and music.

Our vision is that all people at every stage of life have access to the benefits of making theatre. We aim to gather evidence of these benefits (to both individuals and communities) and work with, or alongside, other organisations.

Our mission is to make beautiful, beneficial and dynamic theatre with the diverse communities of south-east London.

Underpinning our work is a belief that belonging, generosity, kindness and joy are fundamental to shared theatre-making. This way we establish creative and safe spaces where stories are shared and play rediscovered and valued by participants of all ages. Projects created together bring personal and social wellbeing. And community cohesion is generated and strengthened as a result.

Main activities of your organisation:

We offer a programme which mixes targeted initiatives meeting specific developmental needs, and open projects where people collaborate with people from different backgrounds and generations. These include:

- The Creative Elders Programme - made up of Creative Homes working with residents in sheltered housing schemes, Tea Break Theatre for those with mild to moderate mental health problems which takes place in Bubble's rehearsal studios and The Rotherhithe Shed, primarily targeting isolated older men which takes over our production workshop twice a week.
- Speech Bubbles - targeting children who are encountering communication blocks.
- Young Theatre Makers - working with young people aged 16-24 not in employment, education or training (NEET).
- Inclusive Participatory Workshops - run weekly for a variety of age groups.
- Intergenerational Projects which bring people from 6 to 90+ and backgrounds together to explore subjects of relevance to our participants and community.

During 2015-2016, Bubble ran over 1,500 workshops which led to over 17,000 attendances.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
4	4	13	5

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	2029

Summary of grant request

The Creative Elders Programme (CEP) will support people to maintain their independence, good health and well-being using creative activities to address acute social isolation and lack of physical and emotional stimulation.

The programme is aimed at residents of sheltered housing schemes and isolated older men in Southwark -- the 12th most deprived London Borough and the 41st most deprived local authority in England (ONS). Here 60% of pensioners live in sheltered housing schemes, 33% on or below the poverty line and 50% with life-limiting medical conditions. Currently 40% live alone.

A study by the WRVS suggested that 36% of men over the age of 75 described themselves as either lonely or very lonely compared to 31% of women and a recent report by the (The Emerging Crisis for Older Men, 2014) identified the barriers that many men have in accepting that they need support. The report called for innovative social programmes tailored to suit men's interests and needs.

Social isolation and loneliness impact upon individuals' quality of life and wellbeing, adversely affecting health and increasing their use of health and social care services. A study (Holt-Lundstad, 2010) indicated that older people with adequate social relationships had a 50% greater likelihood of survival compared with those with poor social relationships - a magnitude comparable with quitting smoking.

To counter depression, improve well-being and encourage more active and healthy living over 75, we seek support for two targeted programmes:

- Creative Homes (CH) workshops run regularly within sheltered housing incorporating multi-sensory, interactive and social, activities
- The Rotherhithe Shed (RS) - an open workshop for older, potentially isolated, men (mainly), run twice weekly, fostering social contact through sharing practical, making and maintenance skills.

These activities emerged from consultations with older people conducted in 2014. Elders took part in a group project planning workshop in early 2014. Later in 2014 a group of older men, including some who, interestingly, had chosen not to participate in the Creative Homes project, helped develop the Shed proposal suggesting activities and strategies for recruiting older male participants who are otherwise reluctant to engage in community activities.

An evidence review of Men's Shed initiatives (LiLaC) and Age UK (2013) points to significant direct and indirect positive impacts on men's physical and mental health, and social and emotional wellbeing.

Both initiatives have been piloted and evaluated, and in 2015 application to the Big Lottery raised 85% of funding for 3 years (2015-2018). This application is for approximately 15% of the costs for years two and three, and for a fourth year (2018-19) when we will collate evidence and arguments to diversify funding. An advisory group of participants and partners will continue to shape the project throughout.

The activities, delivered by skilled facilitators assisted by supported volunteers, involve target isolated elderly people from diverse cultural backgrounds living in the Bermondsey and Rotherhithe areas of North Southwark - 98 in year one, rising to 168 in year 3. Participants are over 75 years of age and currently approximately half are physically frail or have some degree of physical or sensory impairment, or are living with a debilitating long-term health condition. Most live alone, having lost their partners and few have family nearby.

London Bubble has extensive experience in successfully delivering projects of a comparable scale and ambition to that of our planned Creative Elders project. The company has long-standing relationships with local organisations and families, and a track record of delivering projects that meet proven need with evidenced outcomes.

Carbon use is monitored (in 2013 we replaced old heating and insulation), and we welcome and support over 50 volunteers each year.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

We hold a Gold, London Youth, Quality Mark and 2 projects have achieved Project Oracle Standard 2. ('A project validated at Standard 2 measures relevant outcomes in an appropriate way, and has provided findings that indicate that the project has a demonstrable effect on those outcomes').

One project is undergoing a Randomised Control Trial (conducted by UEL) and an independent cost benefit analysis (conducted by Ernst and Young).

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Creative Homes (CH) workshops delivered fortnightly within sheltered housing settings. 5 Creative Homes in year 1, 7 in year 2 and 8 in year 3. Incorporating multi-sensory, interactive and social, activities. Involving a minimum of 48 people 75+ in year 1, 70 in year 2 and 88 in year 3.

The Rotherhithe Shed (RS) - an open workshop for older, potentially isolated men (mainly), open twice a week, as a drop-in service, fostering social contact through sharing practical, making and maintenance skills. Involving a minimum of 50, 75+ members in year 1, 65 year 2 and 80 in year 3.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Older people have improved confidence and skills, enabling them to gain or maintain their independence. Measured through well-being snapshots, session logs, check in & check out records, feedback and participation in events.- 69 in year 1, 109 in year 2, 142 in year 3.

Older people experience increased social connections and friendships leading to reduced isolation and improved mental wellbeing. Indicated through participants reporting feeling more connected with their communities and report feelings less lonely and isolated through well-being snapshots - 48 in year 1, 55 in year 2, 75 in year 3

Participants report feeling confident to lead more independent lives - 55 in year 1, 100 in year 2, 140 in year 3. Measured through well-being snapshots, session logs, check in & check out records, feedback and participation in events.

Older people engage in regular, stimulating activities leading to improved health and well-being. Indicated through taking part in mild to moderate physical activities and increased (or continuing) strength and mobility - 48 in year 1, 77 in year 2, 109 in year 3. Measured through well-being snapshots and session logs.

Older people undertake new roles as project ambassador or volunteers, recorded in project logs and through photographic evidence. 31 in year 1, 57 in year 2, 72 in year 3.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We are building the evidence base of the efficacy of the project aiming to continue the activity through a mix of income from commissioned activities (30%), support from sheltered housing providers (30%) and funding from Trusts and Foundations(40%). This mix has been achieved by two other projects carefully developed by the company over several years.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

130

In which Greater London borough(s) or areas of London will your beneficiaries live?

Southwark (89%)

Lewisham (3%)

Lambeth (3%)

Greenwich (2%)

London-wide (3%)

What age group(s) will benefit?

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

31-40%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Co-ordinator	30,795	31,989	32,300	95,084
Project facilitator	30,795	31,989	32,300	95,084
Project director, Sessional support workers and specialist artist/facilitators	26,165	28,292	29,600	84,057
Materials and general running costs	7,000	7,300	7,600	21,900
Transport and access costs	3,000	3,600	3,800	10,400
Volunteer expenses and staff and vol.training	3,600	3,800	4,100	11,500
Data collection, evaluator, documentation	5,500	5,500	3,700	14,700
Communication, finance, governance	6,300	6,500	6,700	19,500
Accommodation	6,012	6,300	6,600	18,912

TOTAL:	119,167	125,270	126,700	371,137
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Big Lottery	90,185	97,508	0	0
Fees and Commissions	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	94,185	97,508	0	191,693
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Funding is being discussed with Hyde Housing	0	0	34,000	34,000
Big Lottery continuation will be applied for	0	0	67,000	67,000
Commissioners	0	3,000	6,000	9,000
Merchant Taylor's Company	9,000	7,000	5,000	21,000

TOTAL:	9,000	10,000	112,000	131,000
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Contribution towards costs of whole project	20,000	18,000	15,000	53,000
	0	0	0	0

TOTAL:	20,000	18,000	15,000	53,000
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2016
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Income received from:	£
Voluntary income	423,235
Activities for generating funds	0
Investment income	41,209
Income from charitable activities	119,846
Other sources	0
Total Income:	584,290

Expenditure:	£
Charitable activities	593,960
Governance costs	21,886
Cost of generating funds	1,241
Other	0
Total Expenditure:	617,087
Net (deficit)/surplus:	-32,797
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-32,797

Asset position at year end	£
Fixed assets	236,982
Investments	0
Net current assets	24,887
Long-term liabilities	0
*Total Assets (A):	261,779

Reserves at year end	£
Endowment funds	228,985
Restricted funds	0
Unrestricted funds	32,794
*Total Reserves (B):	361,779

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
2016 accounts: 40%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

In May of this year we made the post of Hub Administrator redundant. Our Finance Manager: Joanne Gowling is leaving and Wendy Lee is starting.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	93,277	30,000	30,000
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Shine Trust	39,367	40,945	37,235
United St Saviours	0	0	62,083
Heritage Lottery Fund	34,477	15,323	37,235
The Big Lottery	0	26,305	36,528
The Henry Smith Charity	25,000	25,000	25,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Jonathan Petherbridge**

Role within **Creative Director**
Organisation:

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The City Bridge Trust
Investing In Londoners:
Application for a grant



About your organisation

Name of your organisation: Enfield Carers Centre	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Enfield	
Contact person: Mrs Pamela Burke	Position: Chief Executive
Website: http://www.enfieldcarers.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1140089
When was your organisation established? 08/02/2010	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Carers aged 65 years and over better able to access support, advice and respite Older Londoners having increased awareness of benefits, finance, housing and other rights
Please describe the purpose of your funding request in one sentence. Older Carers Advice & Support - offering support, breaks, advice and help to improve older carers' financial status and personal well-being.
When will the funding be required? 02/01/2017
How much funding are you requesting? Year 1: £24,377 Year 2: £34,026 Year 3: £34,345 Total: £92,748

Aims of your organisation:

Charitable Aims as noted by Charity Commission: THE RELIEF OF PERSONS SUFFERING FROM DISABILITY ARISING FROM AGE OR PHYSICAL OR MENTAL DISABILITY BY THE PROVISION OF ADVICE, SUPPORT AND INFORMATION FOR THOSE PERSONS CARING FOR PERSONS WITH SUCH DISABILITIES IN THE LONDON BOROUGH OF ENFIELD.

Main activities of your organisation:

Enfield Carers Centre (ECC) aims to be a central resource in the borough supporting people who live or care for someone who lives in Enfield, who needs their assistance because of illness, disability or substance misuse. We support unpaid, family carers with the following services: peer support groups, advice, advocacy, information, training, carers' breaks, counselling and carers assessments.

We understand the importance and value of carers' contribution to society in providing necessary and essential support to users of statutory health and social care services. Carers save social services and health providers billions by providing unpaid care and ECC aims to help them have their voices heard and become equal partners in care .

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
11	3	9	10

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	2 years

Summary of grant request

NEED: The 2011 Census recorded over 1.8m UK carers aged 60+ (over 50% of carers aged 80-84 provided 50+ hours of care weekly). The number of carers aged 85+ grew by 128% in the last decade (Carers UK and Age UK, 2015). Often invisible, many older carers provide long hours of vital care and support while their own health and wellbeing deteriorates, resulting in poor physical and mental health, financial strain and breakdown in their ability to carry on caring.

Enfield's Census figures showed that, of approximately 30,000 carers, 18% were 65+ and 37.5% of them cared for 50+ hours. The number of carers nationally over 85 is expected to double over the next 20 years (HM Government, 2014). Notably, the total number of carers rose by 11% between 2001 and 2011, but older carers rose by 35%.

Carers approaching retirement could experience changes in income of particular concern. Benefit entitlements may alter, due to age or changing health needs of carer or cared-for person. Carers need specialist advice to understand these changes and make benefit applications.

Enfield Carers Centre (ECC) started in 2010 and now supports approx. 4700 carers. ECC currently provides benefits advice for carers of all ages funded from reserves and partial funding from Warburtons (ends 2017). However, because of increasing numbers, older people caring in Enfield need to be specifically targeted. Many miss out on benefits because they:

- * don't know what's available
- * are reluctant to claim
- * assume they aren't eligible
- * believe the application process is too complicated (Age UK 2014)

DELIVERY AND AIMS:

This project will target older carers (65+) in Enfield providing advice and support to reduce financial hardship, isolation, deprivation and threat of homelessness.

The project will aim to target and reach carers who are:

- elderly and vulnerable
- from BME and hard-to-reach community groups
- suffering poor health,
- supporting someone discharged after a long hospital stay.

The project will offer:

- home visits to carers unable to access services due to frailty, transport difficulties, mobility/disability issues or their caring role
- one-to-one and group advice sessions
- interpreting, signing and translation services to ensure accessibility of information
- weekly benefits/income maximisation appointments at ECC
- support, advocacy and carers break activities
- quarterly advice sessions at GP practices or other local, community venues
- a smooth gateway into other comprehensive and free support services at Enfield Carers Centre such as the carers emergency card scheme, counselling, information/training workshops and carers assessments.

ECC's senior managers have over 20yrs' experience in the caring field. ECC holds a solid history of partnership working with local multicultural and vcs organisations, reaching hidden/BME carers, ensuring accessibility of information to diverse groups.

Regular project effectiveness/evaluation will be achieved via feedback forms and follow up calls by volunteers to assess the outcomes of applications and the effect on carers' lives as a result. These calls will have the double benefit of reducing social isolation by keeping in touch with older carers and measuring the impact of the project outcomes.

Involvement of volunteers is key to this project who'll assist by raising awareness, distributing information leaflets, liaising with BME and community groups. ECC aims to

recruit inter-generational volunteers from diverse backgrounds wherever possible to provide peer support for carers accessing the project.

Advice workshops closer to carers' homes reduce extended journey times. By providing assistance with online benefit applications, using a cloud-based database to record outcomes, ECC can reduce paperwork generated and minimise our carbon footprint in the local environment.

See attached proposal for more detail on how this project will function and benefit carers.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

PQASSO (Practical Quality Assurance Systems for Small Organisations) Level 1
Carers Trust Quality Award Level 1

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

The recruitment of a Carers Advice & Support Officer will enable 20 x home visits per year to elderly, vulnerable carers unable to access the service due to frailty, transport difficulties, mobility/disability issues or their caring role

One to one benefit appointments two days per week = 6 appointments per week x 48 weeks per year = 288 appointments = 864 appointments for the duration of the project.

Quarterly advice sessions at GP practices or other community/faith venues will provide 12 Outreach session over the 3 year period. Each outreach session provides 6 appointments = 72 appointments for the duration of the project. However, some outreach sessions will be group information events widening the dissemination of carers' advice.

100 entirely new older carer referrals per year in receipt of advice, support and respite. New carers will enter a smooth gateway into comprehensive and free support services at the Carers Centre. 300 new older carers over project life. 12% from BME communities (figures based on historic projections).

10 volunteers recruited to assist the older carers advice worker over the duration of the project. Volunteers will assist with key tasks such as identification of carers at GP & Hospital settings, distribution of benefits information leaflets, liaising with BME and community groups, raising awareness of the project, evaluations etc.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Increase in the number of older carers supported to maximise their income and/or make claims for welfare benefit and increased referrals for statutory services, where necessary and also to other voluntary sector agencies. This will reduce financial difficulties carers may experience as they age.

Improved emotional wellbeing for older carers as a result of better access to the holistic package of support by Enfield Carers Centre. Some carers need time to recognise and accept help. ECC can enable carers to feel empowered to access services/accept help.

Older carers of adult children with learning or other disabilities will benefit from reduced concerns about their future (including financial and caring matters), because they will be supported to think about emergency support plans and future planning e.g. wills & trusts and/or end of life care.

Improved identification of and support for previously unregistered older carers, via GP practices, and other community settings. Carers from multicultural backgrounds will have improved access to carer support services at venues familiar to them e.g. faith/multicultural centres. Interpreters will be provided when required.

Reduction in social isolation for older carers, via the use of volunteers who'll perform a befriending/evaluation role following up on outcomes and assessing the value of the project.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Additional funding will continue to be sought for the project from external funding sources such as Carers Trust (the national affiliated body for carers centres) and other charitable funders. ECC currently works in partnership with the local CAB and if unsuccessful in this bid, will endeavour to host volunteer-led group advice sessions to ensure continued service for carers.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

5,200

In which Greater London borough(s) or areas of London will your beneficiaries live?

Enfield (100%)

What age group(s) will benefit?

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

0%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary including tax, NI and incremental pension contributions 2017-20	28,767	29,058	29,352	87,177
Management costs	959	1,114	1,115	3,188
Overhead costs based on 5% full cost recovery inc. admin, stationery, postage etc.	462	469	477	1,408
Premises cost - £640 e.g. room hire @20phr	720	720	720	2,160
Travel expenses for home visits	200	200	200	600
Volunteer Expenses £10 pp x 3 days pwk x 48 wks	1,440	1,440	1,440	4,320
Translation, Interpreting & Signing Costs	500	500	500	1,500
IT equipment and telephone costs	1,179	525	541	2,245
	0	0	0	0
TOTAL:	34,227	34,026	34,345	102,598

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Warburtons Family Matters Fund	9,850	0	0	9,850
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary including tax, NI and pension contributions & 1% increment in 2017	20,469	29,058	29,352	78,879
Management costs	327	1,114	1,115	2,556
Overhead costs based on 5% full cost recovery e.g. admin, postage, stationery, utilities etc.	462	469	477	1,408
Premises cost - £720 e.g. room hire @20phr	0	720	720	1,440
Travel expenses for home visits/outreach	0	200	200	400
Volunteer Expenses £10pp x 3 days pwk x 48	1,440	1,440	1,440	4,320
Translation, Interpreting & Signing Costs	500	500	500	1,500
IT equipment and telephone costs	1,179	525	541	2,245
	0	0	0	0
TOTAL:	24,377	34,026	34,345	92,748

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary including tax, NI and incremental pension contributions 2017-20	31,211	31,523	31,838	94,572
Management costs	959	1,114	1,115	3,188
Overhead costs based on 5% full cost recovery inc. admin, stationery, postage etc.	462	469	477	1,408
Premises cost - £640 e.g. room hire @20phr	720	720	720	2,160
Travel expenses for home visits	200	200	200	600
Volunteer Expenses £10 pp x 3 days pwk x 48 wks	1,440	1,440	1,440	4,320
Translation, Interpreting & Signing Costs	500	500	500	1,500
IT equipment and telephone costs	1,179	525	541	2,245

TOTAL:	36,671	36,491	36,831	109,993
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Warburtons Family Matters Fund	9,850	0	0	9,850

TOTAL:	9,850	0	0	9,850
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary including tax, NI and pension contributions & 1% increment in 2017	22,913	31,523	31,838	86,274
Management costs	327	1,114	1,115	2,556
Overhead costs based on 5% full cost recovery e.g. admin, postage, stationery, utilities etc.	462	469	477	1,408
Premises cost - £720 e.g. room hire @20phr	0	720	720	1,440
Travel expenses for home visits/outreach	0	200	200	400
Volunteer Expenses £10pp x 3 days pwk x 48	1,440	1,440	1,440	4,320
Translation, Interpreting & Signing Costs	500	500	500	1,500
IT equipment and telephone costs	1,179	525	541	2,245
	0	0	0	0

TOTAL:	26,821	36,491	36,831	100,143
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	10,114
Activities for generating funds	326
Investment income	4
Income from charitable activities	514,286
Other sources	0
Total Income:	524,730

Expenditure:	£
Charitable activities	453,471
Governance costs	7,908
Cost of generating funds	0
Other	0
Total Expenditure:	461,379
Net (deficit)/surplus:	63,351
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	342,182

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	405,533
Long-term liabilities	0
*Total Assets (A):	405,533

Reserves at year end	£
Restricted funds	159,693
Endowment Funds	0
Unrestricted funds	245,840
*Total Reserves (B):	405,533

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
91-100%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

The 2015/16 audited accounts information provided above does not reflect the fact that ECC will not have renewed funding for three key services including the project being bid for (i.e. GP Liaison (Enfield CCG), Hospital Support (big Lottery), Benefits Advice Project). Sadly ECC's reserve position cannot sustain ongoing subsidies for all three projects and therefore external funding is currently being sought.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	268,393	389,834	403,443
London Councils	0	0	0
Health Authorities	0	116,489	65,000
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery	0	16,254	34,483
Warburtons	0	0	9,680
Carers Trust	0	400	1,500
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Pamela Burke**

Role within **Enfield Chief Executive**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: InterAct Stroke Support	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Westminster	
Contact person: Mr. Nirjay Mahindru	Position: Chief Executive
Website: http://www.interactstroke.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1080046
When was your organisation established? 03/03/2000	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Fewer older Londoners aged over 75 years with depression and more reporting improved well-being Older Londoners aged 75 years and over living more active and healthier lives
Please describe the purpose of your funding request in one sentence. To alleviate depression, stimulate language, memory and offset acute social isolation using creative communication with elderly stroke survivors on hospital stroke wards.
When will the funding be required? 06/04/2017
How much funding are you requesting? Year 1: £25,923 Year 2: £26,931 Year 3: £28,659 Total: £81,513

Aims of your organisation:

To alleviate the depression of stroke survivors on hospital stroke wards. To stimulate their memory and language recall. To encourage their active participation in other health intervention practices such as occupational and speech therapy. To reduce social isolation of stroke survivors post hospital discharge, encouraging creativity and thus stimulating communication and confidence. It is a main aim to show that stroke survivors themselves are more than their condition, and more than just an NHS number. They have the ability to be highly creative and our aim is to encourage this.

Main activities of your organisation:

InterAct provide a live reading service on hospital wards and stroke clubs using the skills of professional actors. The readings are predominately one to one, though some group readings occur in the hospitals. We usually read in 20 hospitals, predominantly in London, and 50 stroke clubs. Group readings occur in stroke clubs. We also provide creative projects in the community setting to combat social isolation post hospital discharge. There are various strands to our community work. We offer a "Desert Island Disc" project, a Writing and Poetry project, an Oral history project, and a drama project. Stroke survivors are encouraged to develop their creative practices working with professional actors in such projects, which have a 10 week duration.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	2	10	185

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	until 2021

Summary of grant request

To fund work at three hospitals for three years. Charing Cross, Clayponds and Kings. We deliver a live interactive reading service to stroke survivors to alleviate depression, improve memory, language and help rehabilitation using professional actors. There is an absolute need for the project and to quote Professor Lalit Kalra, professor of Stoke Medicine at Kings college hospital.

"Studies have shown that patients on stroke units spend more than 50% time of their in bed, 28% sitting out of bed, 13% in therapeutic activities and are alone for 60% of the time during the therapeutic day. Even more worrying is the finding that despite the greatest amount of therapy resources being committed to stroke rehabilitation in the UK compared with other centres in Europe (70 hours/week), stroke patients received the least amount of therapy input (1 hour/day) compared with others. The challenge is to adopt strategies that make better use of patients' time on stroke units by encouraging participation in activities that build upon and consolidate the therapy input provided by health care professionals with social and community reintegration activities. In that context, INTERACT readers play an important role in engaging and enabling patients, promoting participation with rehabilitation and facilitating return to the community. Many stroke patients with speech impairments have low confidence and poor perception of self worth in social situations. INTERACT readers, being professional actors encourage communication, developing lost reading and comprehension skills and provide an opportunity for patients to experiment with speech and sounds in a less threatening environment. There is emerging evidence to show that such informal inputs, which challenge patients to experiment with impaired functions, accelerate recovery, probably by improving the physical, psychological and social milieu of individual patients."

We use professional actors because they have the requisite communication skills to work on the sensitive environment of a stroke ward. The main purpose of our work is to stimulate language and memory recall, two very clear areas of concern to stroke survivors and to alleviate depression.

We have 16 years experience. We have won numerous awards for our work, being the only charity that use professional actors in this way, in the hospital setting. The majority of people in the UK that have strokes are elderly and the incidence of stroke is marked post 70 and 75 years of age. By the age of 75, 1 in 5 women and 1 in 6 men will have a stroke. Age is the single most important risk factor for stroke with the risk doubling every decade after age 55. We are the right organisation to deliver this having won numerous awards and having 16 years experience in service delivery in this field. Elderly stroke survivors are the "great ignored" in hospitals

Hospital professionals believe our work speeds up rehabilitation and well being for elderly stroke survivors. Professor Anthony Rudd, National lead Clinician on Stroke said of our work at St Thomas' hospital.

'The InterAct service at St Thomas' over the last 15 years has had a huge impact on many of my patients. I have seen people who have been severely disabled by their strokes, who have often spent many weeks in hospital, confined to a bed or chair, often with problems communicating looking more cheerful and starting to become much more engaged with their treatment after visits from the InterAct actors. I hope that in due course the benefits of the InterAct service become recognised as being an essential component of a stroke service'.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

None, though the charity has won numerous awards including Best Charity 2001, two Tesco Community awards 2003, 2006, a GlaxoSmithKline Impact Award for

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Delivering a live interactive reading service using professional actors to elderly stroke survivors on stroke wards. Each session on a hospital ward lasting two hours, delivering the service three times per week. Actors have a manual of stories broken up into various genres to account for different tastes.

Deliver 10 session workshops in the community setting focusing on elderly stroke survivors that have become socially isolated post hospital discharge. Each session lasting 90 mins, facilitated by two professional actors themed around "Desert Island Discs", Oral history, Drama, Literature and Poetry.

Collate mood improvement by asking on a scale from 1-10 how they feel BEFORE our work, then ask again on a scale of 1-10 how they feel after it. Collate mood improvement from hospital professionals for example, plus stroke survivors before and after community workshops via interviews.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Alleviate depression and boredom so often associated with elderly stroke survivors left alone on hospital wards having little interaction with anyone.

Increase confidence in language and memory recall and thus facilitate the rehabilitation process for this marginalized group with emphasis on them participating in other therapy interventions following our work, ie occupational and speech therapy.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We do plan to continue the work beyond the funding period. We would look to groups such as the Friends of the hospital, the finance department of the hospital itself, the clinical commissioning groups and other trusts and foundations to carry the work on.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

682

In which Greater London borough(s) or areas of London will your beneficiaries live?

Hounslow (33%)

Lambeth (34%)

Hammersmith & Fulham (33%)

What age group(s) will benefit?

~~25-44~~

~~45-64~~

~~65-74~~

75 and over

N 

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

~~91-100%~~

N 

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Actor Fees per 2 hour session for 3 hospitals plus 10 community workshops	14,840	15,776	17,180	47,796
Actors Travel for 3 hospitals and community workshops	2,928	2,928	2,928	8,784
Hospital Administrator Fee for 3 hospitals	3,060	3,060	3,240	9,360
Legal/Professional/Accountancy fees	3,778	3,816	3,892	11,486
Training and Development	840	849	867	2,556
Office costs/Enhance DBS clearances	1,916	1,934	1,973	5,823
Telephone/IT support	304	309	314	927
Postage/Stationary	257	259	265	781
	0	0	0	0

TOTAL:	27,923	28,931	30,659	87,513
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
InterAct Reserves	2,000	2,000	2,000	6,000

TOTAL:	2,000	2,000	2,000	6,000
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Actor Fees per 2 hour session for 3 hospitals plus 10 community workshops	14,840	15,776	17,180	47,796
Actors Travel for 3 hospitals and community workshops	2,928	2,928	2,928	8,784
Hospital Administrator Fee for 3 hospitals	3,060	3,060	3,240	9,360
Legal/Professional/Accountancy fees	1,778	1,816	1,892	5,486
Training and Development	840	849	867	2,556
Office costs/Enhance DBS clearances	1,916	1,934	1,973	5,823
Telephone/IT support	304	309	314	927
Postage/Stationary	257	259	265	781
	0	0	0	0

TOTAL:	25,923	26,931	28,659	81,513
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: August	Year: 2015
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Income received from:	£
Voluntary income	198,149
Activities for generating funds	4,700
Investment income	306
Income from charitable activities	0
Other sources	0
Total Income:	203,155

Expenditure:	£
Charitable activities	206,693
Governance costs	2,000
Cost of generating funds	25,592
Other	3,611
Total Expenditure:	237,896
Net (deficit)/surplus:	-34,741
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	34,741

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	124,586
Long-term liabilities	0
*Total Assets (A):	124,586

Reserves at year end	£
Restricted funds	66,738
Endowment Funds	0
Unrestricted funds	57,848
*Total Reserves (B):	124,586

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
0%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Financial year end August 16 are currently being prepared. They show Total Income as £197168 and total expenditure as £187863 for the year. Our core hospital work and structure remain unchanged.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Kensington & Chelsea Healthcare Charity	20,000	20,000	20,000
Equity Charitable Trust	15,000	15,000	15,000
Stafford Charity	4,000	2,000	3,000
St Holborns Charity	2,000	4,000	2,000
League of Friends Wythenshawe Hospital	2,500	2,500	2,500

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Mr Nirjay Mahindru**

Role within **Chief Executive**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: St Joseph's Hospice	
If your organisation is part of a larger organisation, what is its name? n/a	
In which London Borough is your organisation based? Hackney	
Contact person: Ms Fiona Woof	Position: Head of Trusts and Statutory
Website: http://www.stjh.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1113125
When was your organisation established? 02/01/1905	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? People living with Alzheimer's and other forms of dementia having a better quality of life Carers aged 65 years and over better able to access support, advice and respite
Please describe the purpose of your funding request in one sentence. To improve direct access to emotional support and information for older people with dementia and their carers in East London.
When will the funding be required? 03/04/2017
How much funding are you requesting? Year 1: £45,000 Year 2: £45,000 Year 3: £45,000 Total: £135,000

Aims of your organisation:

St Joseph's Hospice (SJH), founded 1905 by the Religious Sisters of Charity, is one of the oldest and largest hospices in the UK, with a long tradition of sharing expertise.

Our objects are the relief of sickness and disability by the provision of specialist palliative, nursing, medical and other care services for those in need at the Hospice, in patients' homes and in community settings, through spiritual support of patients, relatives and staff and through education and research.

Main activities of your organisation:

Each year our specialist staff and 400+ trained volunteers provide specialist palliative, nursing, medical and other award-winning care and support services for over 2,000 adults and their families in North and East London, in 42 in-patient beds and through our 24/7 phone line, information service, community nursing team, Day Hospice, benefits advice, complementary therapies, St. Joseph's in Newham community hub and volunteer befriending, emotional, social and practical support to people at home via our Bereavement services, Compassionate Neighbours, Dementia Namaste Care and Empowered Living Team services.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
199	116	11	524

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

We wish to sustain Dementia Namaste Care to reach 265 more older people with dementia and 265 carers/family members throughout Newham, Hackney and Tower Hamlets in 2017-2020. Namaste Care will be delivered by 335 volunteers. [Here, 'dementia' refers to Alzheimer's, dementias and cognitive impairment as un-diagnosed dementia.] Carers and families tell us the terminal stage of dementia is the most devastating and challenging stage to live with and are desperate for practical and emotional support to help their loved one to remain at home, out of hospital. 85% of people in the UK would prefer to remain at home if they had dementia. However, up to 4 in 10 hospital patients have dementia and the average stay for this patient group is four times longer than someone without dementia. A 20% of emergency hospital admissions of people with dementia are preventable, such as urinary infections, dehydration and falls. (Source: Alzheimer's UK). Although the government has a high-profile policy to tackle the causes and early diagnosis of dementia, there is no NHS or local authority funding to help a person with dementia remain at home.

Dementia Namaste Care is a new person-centred, non-clinical intervention by hospice-trained volunteers to people with dementia and their carers/family at home. The Namaste technique is a therapeutic combination of light touch/ gentle massage and mindful activities to 're-ignite the spirit within' and honour those who can no longer tell us who they are or who they were. Carers are taught the technique alongside basic symptoms management to help avoid unnecessary and preventable hospital admissions, and acknowledge the progression of dementia in the positive context of seeking to provide quality of life. We are the lead provider of Dementia Namaste at home in the UK.

Our Newham pilot, funded by Hope for Home (an independent charity), has seen remarkable results since it began in May 2014 from a sample of seven: One Bengali gentleman unclenched a previously clenched fist and said thank you to the volunteer - moving his wife and daughter to tears. It was the first time he had spoken for months. Two people began to feed themselves and enjoy food again - one of whom had previously been fed through a syringe. 66 volunteers were trained and matched with community members. Namaste Care has improved the wellbeing and quality of life of 56 people.

It will enable older people living with dementia to live more active and healthier lives and to have more choice and control in their lives through quality advice and support: People living with Alzheimer's and dementias having a better quality of life. Carers aged 65 years and over being better able to access support, advice and respite.

We work with GPs, Dementia Memory services, hospice staff and clinicians to promote the service and generate referrals. Volunteers signpost beneficiaries to hospice/local health and wellbeing services. The skill sharing and signposting help us achieve cost effectiveness and builds social value. Our person-centred approach is the key to success, particularly careful matching of trained volunteers and beneficiaries against their personal preferences (i.e. of the same gender, community language and postcode) to help beneficiaries make deep connections with each other and develop a passionate advocacy for the effectiveness and lasting impact of this intervention. Volunteers receive training, mentoring, peer support and expenses. 66% of hospice patients are age 65 and over (2015) and are representative of the diversity of the boroughs we serve. Beneficiaries and volunteers contribute to service development via feedback forms, case studies, focus groups and our Service User Forum. We are working towards Green Champion level to reduce our carbon footprint.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

The hospice is an accredited training provider/member of the Institute of Leadership and Management. We are registered with the Care Quality

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

60 Dementia Namaste Care outreach sessions to health and wellbeing providers and community groups throughout Tower Hamlets, Newham, Hackney to:

- **promote the service,**
- **recruit volunteers**
- **and generate referrals of people with dementia and their carers into the service.**

Volunteer recruitment and selection - ongoing.

Volunteer group training sessions (2 days per cohort X 15 people) in dementia awareness and Namaste techniques, hospice mission and values, project expectations, safeguarding and lone working.

Volunteers attend monthly group Case Sharing sessions (12 per year) and 1:1 support from the project lead

Community members (the person with dementia and their carer/family member) and a trained volunteer are matched for 1-2 hour Namaste sessions at the community member's home once a week for 10 weeks or as long as required.

6 or more X 1 day national Dementia Namaste Masterclasses to UK hospice and health care professionals.

30 Namaste Lead Volunteers trained in one of the following to ensure sustainability

of the project:

- **Dementia Masterclasses to hospice and healthcare professionals UK-wide.**
- **Monthly peer to peer group case-work sharing sessions for volunteers.**
- **Home assessments of referrals of people with dementia.**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

265 people with dementia aged 65+ experience person-centred care, improved wellbeing and quality of life.

265 carers aged 65+ and 335 volunteers report improved confidence and access to the support they need to care for someone with Alzheimer's or any other form of dementia.

The Dementia Namaste Care model and good practice is adopted by other UK palliative care and hospice providers for older people in their communities.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. It will be financed by a mix of fundraised income (Trusts and foundations, Donations from individuals and events, Legacies), together with continued investment from the hospice, and resourced by increasing volunteer numbers to reach greater numbers of community members who need dementia information and support at home.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

300

In which Greater London borough(s) or areas of London will your beneficiaries live?

Hackney (33%)

Newham (33%)

Tower Hamlets (34%)

What age group(s) will benefit?

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

51-60%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Namaste Care Manager NEWHAM 0.5 FTE Band 6 (incl. ENICS and Pension)	24,725	25,695	27,720	78,140
Namaste Care Manager TOWER HAMLETS 0.5 FTE Band 6 (incl. ENICS and Pension)	20,722	22,333	23,753	66,808
Namaste Care Manager HACKNEY 0.5 FTE Band 6 (incl ENICS and Pension)	20,722	22,333	23,753	66,808
Administrator 0.5 FTE Band 4 (Incl. ENICS and Pension)	17,254	19,239	20,871	57,364
Activity Costs	7,310	6,889	7,415	21,614
General Project Expenses	8,162	4,075	4,171	16,408
Senior Management (Complementary Therapies Co-ordinator @ Band8 0.10 FTE including ENICS and Pension)	6,659	6,494	6,494	19,547
Staff recruitment and Cnsultancy (Evaluation)	1,000	1,000	1,000	3,000
Overheads (10% of the above total)	10,645	10,806	11,518	32,969
TOTAL:	117,099	118,864	126,695	362,658

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
St. Joseph's Hospice	31,284	32,189	34,215	97,688
TOTAL:	31,284	32,189	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Alma Green Charitable Trust	20,000	20,000	20,000	60,000
Phillip King Charitable Trust	12,000	13,000	18,000	43,000
Balcombe Charitable Trust	8,815	8,675	9,480	26,970
Race Against Dementia	40,815	41,675	42,000	124,490
TOTAL:	81,630	83,350	89,480	254,460

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Namaste Care Manager HACKNEY 0.5 FTE Band 6 (incl ENICS and Pension)	20,722	22,333	23,753	66,808
Administrator 0.5 FTE Band 4 (Incl. ENICS and Pension)	17,254	19,239	20,871	57,364
Activity Costs (contribution)	7,024	3,428	376	10,828
TOTAL:	45,000	45,000	45,000	135,000

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2016
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Income received from:	£
Voluntary income	4,666,000
Activities for generating funds	66,000
Investment income	572,000
Income from charitable activities	8,432,000
Other sources	58,000
Total Income:	13,794,000

Expenditure:	£
Charitable activities	14,770,000
Governance costs	37,000
Cost of generating funds	818,000
Other	0
Total Expenditure:	15,625,000
Net (deficit)/surplus:	-1,831,000
Other Recognised Gains/(Losses):	-294,000
Net Movement in Funds:	-2,125,000

Asset position at year end	£
Fixed assets	18,037,000
Investments	11,750,000
Net current assets	5,129,000
Long-term liabilities	0
*Total Assets (A):	34,916,000

Reserves at year end	£
Restricted funds	1,797,000
Endowment Funds	0
Unrestricted funds	33,119,000
*Total Reserves (B):	34,916,000

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
51-60%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

In November 2016, Nigel Harding joined the hospice as CEO. (Previously the CEO of Woking and Sam Beare Hospice)

In October 2016 Edward McGuigan joined the Board. Sr Patricia Byrne RSC left the Board.

In August 2016 John Rew joined as Finance Director and Company Secretary.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	7,981,000	8,033,000	8,070,000
Central Government departments	544,000	91,031,000	57,010
Other statutory bodies	0	114,000	6,000

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Macmillan Cancer Support	0	0	63,507
The Sam and Bella Sebba Charitable Trust	0	40,000	60,000
The Derek Butler Trust	0	0	40,000
St. James's Place Foundation (via Hospice UK)	0	0	25,025
Masonic Foundation	9,802	7,004	7,004

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **John Rew**

Role within Organisation: **Company Secretary / Director of Finance, IT and Facilities**

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**Investing In Londoners:
Application for a grant**

About your organisation

Name of your organisation: Sudbury Neighbourhood Centre (Middlesex) Limited	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Brent	
Contact person: Mrs Sarah Robinson	Position: Appeal Manager
Website: http://www.sudburyneighbourhoodcentre.co.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1079460
When was your organisation established? 01/11/1979	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives People living with Alzheimer's and other forms of dementia having a better quality of life
Please describe the purpose of your funding request in one sentence. We are seeking funding towards the cost of respite day care including wellbeing activities, freshly prepared meals and services supporting elderly people living with Dementia.
When will the funding be required? 02/01/2017
How much funding are you requesting? Year 1: £20,000 Year 2: £20,000 Year 3: £20,000 Total: £60,000

Aims of your organisation:

The principal objectives of the charity are the provision of community service in the area and services, together with local authorities, for the elderly, infirm and their carers. These objectives are achieved through the provision of day care, a luncheon club, welfare rights support, transport (using our own adapted vehicles), bathing, shopping and with the support services of art and keep fit classes, outings and a holiday, as well as access to certain other professional services.

Main activities of your organisation:

The Sudbury Neighbourhood Centre provides a daily respite care service for vulnerable elderly people who reside in the London Borough of Brent (one of London's poorest boroughs with a high deprivation rate). Over 50% of clients are living with dementia or early forms of dementia and all suffer from physical disability due to old age or medical conditions and a further 18% have learning difficulties.

We provide a range of activities designed to improve the lives of elderly people and those living with dementia and focuses on preventing isolation by providing a special place where local people can integrate with friends, share interests and participate in community life through social, cultural and educational activities. In many cases it provides respite for carers too.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
5	10	6	30

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	17 years

Summary of grant request

We are seeking funding towards the cost of respite day care, activities and services supporting vulnerable and often isolated elderly people living with a variety of disabilities and dementia in North London.

The Sudbury Neighbourhood Centre provides up over 5,000 specialist daycare places per year (125 per week) to some of the most vulnerable people living in Brent (one of London's poorest boroughs) as well as a further 3,900 lunch club places (75 per week). Over 50% of the clients attending the Centre are living with dementia or early forms of dementia and a further 18% are adults with learning difficulties. The Centre has been providing care in the community for over 35 years. Our team of trained carers and regular volunteers provide individual care and attention to our clients, an increasing number of whom require one-to-one care while visiting the Centre.

At the Centre we provide a range of activities designed to benefit those living with all stages of Alzheimers and forms of dementia to encourage clients to take part in both exercise and social activities. We have a daily schedule of activities for both groups and individuals including:-

- Tai Chi -- very gentle exercise to improve balance, strength and motor skills
- Chair Yoga -- for those who are not able to stand, improves motor skills and flexibility
- Music and dance -- clients who may normally be inactive are often keen to dance to music that they associate with happier times.
- Art and crafts -- painting, knitting,
- Music therapy -- minimum of 3 sessions per week provided by an outside Music Therapist
- Singing -- daily
- Games -- daily
- Gardening -- daily when weather permits

As well as activities we provide clients with a freshly prepared lunch each day as well as the services of a Wellbeing Nurse who provides basic healthcare checks as well as would dressing and support . We also provide a free of charge Benefits Advisory Service, regular free of charge sight and hearing checks by outside professionals and the services of a chiropodist and on-site hairdresser. In addition we organise a range of trips and outings throughout the year to the seaside, theatres, museums and places of interest.

More recently we have introduced a variety of themed events attended by up to 100 elderly people from the local community to encourage more elderly people to take part in social events. These have included a Valentines lunch, Diwali lunch, St Patricks Day celebration and a Christmas Day Lunch.

All our activities are of huge benefit to those living with dementia and can help to:-

- Improve health and physical wellbeing
- Reduce stress
- Enhance memory
- Improve communication
- Encourage expression of feelings
- Improve appetite (one of the common symptoms of dementia is loss of appetite)

Exercise in the later stages of dementia can also help to reduce the need for more supported care and minimise the adaptations needed to the home or surroundings.

Elderly people often face many losses: health, mobility, income, activities and social networks. To live well in old age, people need access to social opportunities, pursuits that engage body and mind, activities that are enjoyable and which allow skills to be maintained and developed.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

We do not currently hold any Quality Marks. There is no CQC or quality marks standards for day care provision in the UK, and we are not inspected.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Music Therapy Sessions - twice weekly group sessions provided by an outside professional from Music Therapy London for up to 25 clients per session. This is one of our most popular activities and we would like to increase the number of sessions as funding allows.

Freshly prepared lunches - these are prepared daily by our full time cook and a part-time assistant in our fully equipped kitchen at the Centre. We provide up to 50 lunches per day (over 10,000 per year) as additional clients visit the Centre just to have lunch.

Singing and Dance - we provide a variety of song and dance sessions during the day which encourage reminiscence and communication for clients living with dementia. Some clients who are reluctant to talk normally will actively take part in singing sessions - particularly male clients.

Art and Craft therapies - our art and craft therapies are extremely popular and are organised by volunteers with materials being provided by the Centre. Clients can have a go at painting, knitting and flower arranging.

Themed Events - our themed events attract up to 100 elderly people per event including existing clients and elderly people from the local community who wish to participate in social events. At the Centre we have hosted a Valentines Lunch, Diwali Lunch, St Patricks Day celebrations and musical events.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Over 150 vulnerable elderly people from deprived communities in North London receive full day respite care for a minimum of 1 day per week

Over 200 vulnerable elderly people will benefit from receiving a freshly prepared meal a minimum of once per week (some will visit daily).

Over 50 home carers/spouses benefit from regular respite while their loved ones are attending the Centre -- many of these are themselves elderly

Up to 25 clients receive regular wound dressing, blood-pressure checks and health checks at our Wellbeing Clinic reducing the need for hospital trips and visits to GP surgeries.

Over 300 elderly people in the local community will benefit from attending themed events throughout the year encouraging social interaction with their peers and community participation.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes - We will continue to develop funding through Grant Making Trusts, Corporates and Wealthy Individuals. Extensive research is underway to establish appropriate trusts, corporates and individuals who would be willing to support this project (a full list of these can be provided). Other valuable support is received from personal donations, fundraising in the local community and legacies.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

400

In which Greater London borough(s) or areas of London will your beneficiaries live?

Brent (100%)

What age group(s) will benefit?

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

81-90%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Food	18,494	32,495	32,495	83,484
Premises/Rent	61,754	60,345	60,345	182,444
Funded Activities ie Music Therapy	4,309	3,539	3,539	11,387
Salaries for staff, management and admin	310,601	250,585	250,585	811,771
Sundries (staff expenses, art/craft materials and items for themed events)	8,900	9,000	9,000	26,900
Transport (clients transported to and from home and on trips and outings throughout the year)	31,365	34,107	34,107	99,579
TOTAL:	435,423	390,071	390,071	1,215,56

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
Daycare places self-funded by clients	86,696	0	0	86,696
Charges for lunch and transport	52,740	0	0	52,740
Donations from grant giving Trusts and Foundations	69,288	0	0	69,288
TOTAL:	208,724	0	0	208,724

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
The Sobell Foundation	15,000	15,000	15,000	45,000
Comic Relief	20,000	20,000	0	40,000
The Eranda Rothschild Foundation	25,000	0	0	25,000
The Dunhill Medical Trust	15,000	15,000	15,000	45,000
TOTAL:	75,000	50,000	30,000	155,000

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Salaries (Carers providing direct care to clients)	15,000	15,000	15,000	45,000
Funded Activities ie Music Therapy	4,309	3,539	3,539	11,387
Food	691	1,461	1,461	3,613
	0	0	0	0
TOTAL:	20,000	20,000	20,000	60,000

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	47,852
Activities for generating funds	104,687
Investment income	2,876
Income from charitable activities	233,698
Other sources	4,925
Total Income:	394,038

Expenditure:	£
Charitable activities	355,868
Governance costs	110,408
Cost of generating funds	22,089
Other	0
Total Expenditure:	488,365
Net (deficit)/surplus:	-94,327
Other Recognised Gains/(Losses):	-34,000
Net Movement in Funds:	-128,327

Asset position at year end	£
Fixed assets	378,544
Investments	0
Net current assets	208,730
Long-term liabilities	(256,000)
*Total Assets (A):	331,274

Reserves at year end	£
Restricted funds	107,600
Endowment Funds	0
Unrestricted funds	223,674
*Total Reserves (B):	331,274

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
0%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Early in 2015 the Board of Trustees employed an experienced management consultant to undertake a thorough review of the Centre's operations as a whole. Consequently the Board decided to re-structure the two management posts of the organisation, and the newly created post of Chief Executive was filled in June 2016 with a new Operations Manager being recruited earlier this year.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Garfield Weston Foundation	10,000	10,000	0
The Eranda Foundation	0	0	25,000
The Sobell Foundation	15,000	15,000	15,000
The Mercers' Charitable Foundation	0	0	10,000
City Bridge Trust	15,967	15,967	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Mrs Sarah Robinson**

Role within **Appeal Manager**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: The Reader	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Southwark	
Contact person: Ms Jemma Guerrier	Position: Associate Director, Development
Website: http://www.thereader.org.uk/	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1126806
When was your organisation established? 02/08/2008	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Fewer older Londoners aged over 75 years with depression and more reporting improved well-being
Please describe the purpose of your funding request in one sentence. The Reader brings people together through Shared Reading aloud of great literature. This 3-year Croydon project will boost over-75 wellbeing: establishing 15 groups & training 42 volunteer facilitators.
When will the funding be required? 01/03/2017
How much funding are you requesting? Year 1: £32,533 Year 2: £32,277 Year 3: £33,457 Total: £98,267

Aims of your organisation:

We bring people together and our primary way of doing this is through our Shared Reading model. During weekly groups, members are invited to listen to poems and stories or read aloud. Key to this is that a safe, non-judgemental and creative space is established, where each member feels valued, encouraged and listened to. Our groups are open to all - irrespective of age or ability. It is during these sessions that thoughts and experiences are shared and personal and social connections are made. The central power of Shared Reading means that we can help individuals make changes to how they feel about themselves and relate to others. We want to develop a cost-efficient model that enables Shared Reading to be sustained and coordinated locally. Our long term aim is to establish a sustainable network, inspiring and supporting a social movement of Shared Reading, so that you could go to most places in the UK and easily find a group.

Main activities of your organisation:

Working closely with a wide range of partners - from public health and criminal justice bodies; education and social services and charities for dementia and the elderly, in 2015 alone, we reached 12,000 people in care homes; mental health wards; community settings; schools; substance misuse rehabilitation centres and prison psychological units. Since 2008, we have trained and empowered 5,000 people, from a range of backgrounds, to deliver Shared Reading groups themselves.

Flagship projects include our Big Lottery Merseyside volunteer programme that has reached almost 800 socially isolated older people; our Big Lottery North Wales project that has trained 72 'Reader Leaders' to run Shared Reading groups and our Guys and St Thomas project that has pioneered our community-led model, training 200 volunteers to reach 1800 individuals through Shared Reading groups. We have a portfolio of personal testimony and growing evidence and research base, produced by the University of Liverpool, which attests to the wellbeing and social benefits of Shared Reading.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
66	73	10	283

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	123 years

Summary of grant request

Older people in London are more likely to live alone, in poverty and lack family support networks compared to those elsewhere in the UK. The focus of this project will therefore be the prevention of isolation and building of positive social networks for over-75s. Shared Reading will allow for meaningful, face-to-face communication with other members of their community-including those they might not otherwise meet-building relationships that carry on week-to-week, reducing loneliness, improving wellbeing and enhancing quality of life.

The Reader will work with up to 4 partner organisations in Croydon, embedding Shared Reading into their service delivery model, to support those over-75 at risk of isolation and depression. Through this project, The Reader will pilot a new delivery model focussed on a community-led approach which consists of training and supporting community members to be reading group leaders (including over-75s) supported by Local Organisers who will coordinate those groups. This will enable us to build into a network that already exists in Croydon and learn how to reach the over-75 community where they are most likely to be based. This community-led approach is more cost-effective and sustainable when compared to staff-led delivery, which is important given London's ageing population. After 3 years funding, The Reader will seek to replicate this project to support over-75s across London through an affordable partner package.

This 3-year project therefore aims to establish 15 reading groups reaching 250 members; run 1030 sessions; train 42 volunteers and 4 local organisers minimum, producing over 5000 beneficiary experiences. In light of the target age group, whilst the bulk of work will be group-based, 1:1 sessions can be offered to individuals where health or mobility issues present a barrier.

Since 2008, The Reader has pioneered the use of Shared Reading in diverse communities across London and beyond. Over the last 5 years, we have engaged over 5000 older people: flagship projects include Big Lottery Merseyside that has reached almost 800 socially isolated older people 1:1 and in care homes and a London based project in partnership with Guys and St Thomas Trust, that has trained 200 individuals to become Reader Leaders. A growing body of academic study from The University of Liverpool and portfolio of personal and professional testimony shows that Shared Reading is an effective non-medical intervention, supported by our in-house evaluation that finds: 86% readers with dementia report improved mood; 88% of older members report improved social interaction and 89% volunteers say training has been an investment in their own wellbeing.

We aim to meet the Trust's Older Londoners project outcomes with 70% of beneficiaries reporting reductions in isolation and improved wellbeing, enabled by the project structure and Shared Reading model itself:

1. Ongoing and weekly-offering valuable continuity and structure, a long term community of peers is developed with a shared focus; confidence is built over time
2. Flexible-readers contribute as much as they like according to mood or ability
3. Enjoyable and rewarding-working through a text together boosts confidence and self-esteem
4. Carefully chosen, great literature-coupled with slow, thoughtful facilitation enables members, including those with dementia and for whom English is an additional language, to participate in a safe environment
5. Inclusive-Quarterly gatherings and pairing facilitators of different ages gives volunteers and group members opportunity to socialise outside their age group and locality
6. High quality training-Volunteers offer and gain new skills whilst working with others-with access to our digital platform and bank of resources, that helps keep our carbon footprint to a minimum
7. Embedded-Partnering with social landlords in sheltered housing; the public sector through libraries and the third sector via local charities, allows for a more targeted referral pathway and approach

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

We were awarded the PQASSO Level Two quality kite mark in September of this year.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Across the three years, to establish 15 Shared Reading groups in Croydon.

Groups will be open to all but primarily targeted at the over-75 older community, as experience tells us that leaving groups open to family and carers increases accessibility. The average group size will be five members.

Across the three years, to run 1030 Shared Reading sessions.

Across the three years, to attract 250 members to the groups - 70% of whom will be over 75.

We will work closely with older community partner organisations and ensure the model is adapted to attract and meet the needs of this target age-group, offering 1:1 Shared Reading where needed.

Across the three years, to train 42 volunteers to deliver Shared Reading sessions.

We will actively encourage over 75s to volunteer and co-deliver with younger volunteers, exposing them to the wider community and to reduce stigma by encouraging the younger generation to recognise the skills of the over 75 community.

To promote continued community engagement and ongoing review and refinement by running and rolling out:

-Quarterly celebration events and gatherings

-A series of evaluation methods that draws on our Theory of Change and in-house evaluation system (including feedback forms and focus groups)

-Delivering regular communications to members and volunteers

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

70% group members and volunteers to report improved wellbeing.

The weekly nature of sessions means that Shared Reading gives members something to look forward to and offers stimulation, interrupting destructive cycles and patterns of thought. In engaging with the text and each other, confidence, essential for independence, is developed.

70% group volunteers to report that they have learned new skills.

70% group members to report that the group helps them to connect to others in a more meaningful way.

Shared Reading enables members and volunteers to relate to one another in a thoughtful way - therefore building long lasting connections and support networks

Understanding of how Shared Reading can be embedded into existing services in order to provide wellbeing support to over 75s will be gained, ensuring future approach in Croydon and across London is informed, appropriately nuanced for this target age group and sustainable.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

By training volunteers from the community to deliver Shared Reading, this project will be a springboard to an expanded, sustainable programme of Shared Reading across London. We are developing an affordable partnership package which will provide a cost-effective way to support volunteers in the long-term and will look to be commissioned by other London based organisations after project end.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

97

In which Greater London borough(s) or areas of London will your beneficiaries live?

Croydon (100%)

What age group(s) will benefit?

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

21-30%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staffing (Partnerships Manager, 2.5 days per week, 2% salary increment per year)	15,003	15,303	15,609	45,915
Project Coordination (including travel, training, IT equipment, refreshments and books)	3,725	2,160	2,160	8,045
Project Management Fee (including evaluation, quality assurance, supervision)	2,809	2,574	2,395	7,778
Overheads (including Senior Management, accountancy, insurance)	5,447	5,447	5,447	16,341
Volunteer Costs (including recruitment, travel and events)	1,358	2,367	3,241	6,966
Volunteer Read to Lead Training	9,800	9,800	9,800	29,400
	0	0	0	0

TOTAL:	38,142	37,651	38,652	114,445
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
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TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Guys and St Thomas Trust (amounts relate to Croydon thread of this bid)	5,609	5,374	5,195	16,178
	0	0	0	0

TOTAL:	5,609	5,374	5,195	16,178
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staffing (Partnerships Manager, 2.5 days per week, 2% salary increment per year)	15,003	15,303	15,609	45,915
Project Coordination (including travel, training, IT equipment, refreshments and books)	3,725	2,160	2,160	8,045
Overheads (including Senior Management, accountancy, insurance)	5,447	5,447	5,447	16,341
Volunteer Costs (including recruitment, travel and events)	1,358	2,367	3,241	6,966
Volunteer Read to Lead Training	7,000	7,000	7,000	21,000

TOTAL:	32,533	32,277	33,457	98,267
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2016
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Income received from:	£
Voluntary income	474,975
Activities for generating funds	0
Investment income	6,098
Income from charitable activities	2,790,860
Other sources	406,571
Total Income:	3,678,504

Expenditure:	£
Charitable activities	3,139,087
Governance costs	15,668
Cost of generating funds	0
Other	256,239
Total Expenditure:	3,410,994
Net (deficit)/surplus:	267,510
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	267,510

Asset position at year end	£
Fixed assets	479,216
Investments	0
Net current assets	874,330
Long-term liabilities	(54,708)
*Total Assets (A):	819,622

Reserves at year end	£
Endowment funds	0
Restricted funds	373,054
Unrestricted funds	446,568
*Total Reserves (B):	819,622

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
15.8%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	33,140	77,427	59,216
Health Authorities	535,867	402,719	460,013
Central Government departments	0	0	0
Other statutory bodies	728,916	886,683	1,056,353

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Fund	72,542	89,191	92,853
Big Lottery Fund (Wales)	74,703	80,303	81,303
The Guys and St Thomas Trust	112,500	180,000	142,750
Social Investment Business	52,200	382,573	0
Esmee Fairbairn Foundation	0	76,000	70,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Rachel Parker**

Role within **Development Coordinator**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Disablement Association of Barking & Dagenham (DABD)	
If your organisation is part of a larger organisation, what is its name? DABD (UK) is independent	
In which London Borough is your organisation based? Barking & Dagenham	
Contact person: Ms. Elaine James	Position: Chief Executive Officer
Website: http://www.dabd.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1023730
When was your organisation established? 02/02/1952	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More Londoners with improved economic circumstances More people accessing debt and legal services
Please describe the purpose of your funding request in one sentence. To enable [excluded] people experiencing financial poverty to access expert advice which best meets their financial and legal needs to resolve their financial issues.
When will the funding be required? 03/04/2017
How much funding are you requesting? Year 1: £44,088 Year 2: £40,173 Year 3: £41,092 Total: £125,353

Aims of your organisation:

Main Aims -- DABD (UK) is established for "The relief of individuals (primarily with impairment) living in the UK in particular by the provision of any facilities to enable them to achieve greater economic, social, educational and physical mobility".

In practice, the outcomes of DABD (UK) services are that disabled and excluded people will :-

- (1) Access local services and support to improve their mental and physical health
- (2) Gain new skills through customised training leading to improved employability and ability to compete for [and gain] jobs
- (3) Access the essentials to live including basic income, food, clothing and shelter
- (4) Live as independently as they choose in the community
- (5) Benefit from development and support to access new life opportunities inclusively
- (6) Come together to foster self help and strengthen the community through accessing customised volunteering opportunities

Additionally, DABD (UK) also provides second tier support to organisations which have similar aims to our own.

Main activities of your organisation:

DABD (UK) delivers 31 projects through 13 departments including :-

- (1) Transportation for people of all ages with limited mobility
- (2) A dedicated Training Unit & and NVQ Centre to develop and enhance practical skills for personal and professional development to NVQ levels.
- (3) Personal care / enabling for disabled people (24 hours service)
- (4) Welfare Benefits advice designed to help people understand their entitlements and ensure that money coming in to their households is maximised.
- (5) Community Development such as Advocacy, Communications e.g. provision of sign language communicators, and development of clubs and groups.
- (6) 'Dial A Wheelchair' for people who need improved mobility
- (7) Employment programmes designed to help and empower people to get into / back to work
- (8) Mobility Shop for access to aids and equipment
- (9) [Supported] Volunteering for people to make a difference to other people's lives whilst developing their own skills
- (10) DBS Checks for organisations who require staff and volunteer police checks.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
78	155	5	240

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	5 years [to 2020]

Summary of grant request

"New Solutions" [Financial Health Initiative]

DABD Experience & Performance -- during twenty years of advice activity, we have received more than 70,000 telephone enquiries and conducted 20,000 face-to-face interviews.

Compounded finance received by service users through our successful Tribunal appeals programme annually exceeds £100,000 and our Welfare Benefits Project has brought £300+ million into the borough [Evidenced via detailed measurement]

Barking & Dagenham -- through research reports e.g. Census [2011], London Poverty Profile and Joint Strategic Needs Assessment [JSNA] we identify that older, disabled and excluded people are experiencing disadvantage in Barking & Dagenham leading to poverty and financial crises.

This is further compounded by the borough being 15th most deprived in the country with a number of wards within the lowest 20% of ONS deprivation indices,

Community Strategy -- the LBB&D community strategy [B&D 2020] has a key priority titled "Digital by Design" within its 'Community Solutions' section which will progress services and advice to being only available on-line -- "New Solutions" will prepare systems and local people for this step-change.

Pilot, User Consultation & User Input -- DABD (UK) has piloted on-line services with 6 groups of 25 -- 30 participants mainly older people -- feedback concluded a need for on-line support, traditional face-to-face advice and specialist support for myriad financial needs.

Advice Provision -- there is a lack of appropriate advice provision [e.g. CAB only provides generic advice], particularly since the local "Advice Plus Network" lost its funding. DABD (UK) and CAB will, collaboratively, support member groups [small advice providers] and maintain the network to promote quality standards and joined-up advice provision in the borough.

Activities -- "New Solutions" comprises an innovative blend of activities and approaches tailored to ensure access [to excluded people] and achievement of outcomes breaking down into five spheres:-

(1) "DABD (UK) On-Line" -- introduction of up to date on-line systems providing advice via e-mail, through our redeveloped web-site and a 21st Century 'on-line chat' facility

(2) 1-1 Advice including an "Income Maximisation" Interview for each client, Face2Face casework and advocacy on the full range of financial matters e.g. debt, housing and financial scams.

(3) Proactive 1-1 and Group Development including Financial Literacy, Household Budgeting training and Financial Life Coaching to address issues as they arise along individual personal pathways.

(4) Home Visits and Community Based Surgeries to provide advice directly in the community for people with mobility problems [using lap-tops to access relevant sites such as DWP]

(5) Follow-On Work including mentoring from peer advocates on an ongoing basis [community based volunteers who are trained appropriately]

Outcomes -- excluded people experiencing financial issues will resolve their debts, gain financial independence and learn new skills to proactively manage their finances

Overall Target -- the project will support 120 excluded people experiencing financial issues each year [360 over 3 years] and potentially hundreds more via the DABD (UK) On-Line Service.

'Reducing Poverty' -- "New Solutions" will build on our twenty years experience to operate within a bi-partite remit in (a) ensuring users' debts / finances are resolved to release available moneys and (b) putting money into people's pockets through new benefits and income streams.

Principles of Good Practice -- service users can go on to become volunteers on the project, assist their peers and participate in project measurement e.g. through consultation surveys.

DABD (UK) proactively targets 'excluded people' including those from disabled, BAMER and other minority communities promoted through translation functions, accessible venues and collaborations with other groups.

DABD (UK) has the Mayor of London's Green Procurement award at Bronze Level for our commitment to reducing the effects of our activities on the environment.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

DABD (UK) has a portfolio of policies [we even develop policies for others as part of a 2nd tier remit] and also has many formal accreditations including Advice UK, British Computer Society (BCS), Matrix, Chartered Institute of Environmental Health (EICH), Chartered Institute of Personnel Development (CIPD), City & Guilds, Commission for Social Care Inspection (CSCI), Investors in People (IIP), Learning Skills Council (LSC), Advice Quality Service (AQS), British Medical Association Trainers award manual handling, Positive about Disabled people, Oxford Cambridge & RSA examinations, London Borough of Barking & Dagenham accreditation for service delivery and OFSTED (Barking College).

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

"DABD (UK) On-Line" will introduce 'cutting edge' new technology to bring community advice provision up to date by setting up a new on-line system to provide advice via e-mail, through our web-site which will be redeveloped and a 21st Century on-line chat facility [web counter to measure 'hits' and contacts]

1-1 Advice and advocacy starting with an "Income Maximisation" Interview for each client which will assess individuals' financial circumstances / issues to plan out solutions -- 2 people each week to receive this support [86 per year = 288 over 3 years]

Home visits and community based surgeries providing advice directly in the community for 4 people with mobility problems weekly [182 contacts = 696 over three years] using modern resources i.e. lap-tops / tablets to access relevant sites e.g. DWP which is switching to on-line systems causing further exclusions.

Proactive 1-1 and group development including Financial Literacy Training and coaching in household budgeting for 10 people each month [120 per year = 360 over three years]

Follow-on work including mentoring and support from peer advice advocates on an ongoing basis [10 community based volunteers recruited and trained annually = 30 over 3 years to support 1 service user per month on average = 12 per year x 10 = 120 people / 360 over 3 years]

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Excluded people experiencing adverse financial issues will :-

- **Manage their debts leading to improved economic circumstances**
- **Gain financial independence affording the essentials to live [shelter, food and clothing]**
- **Learn new skills to proactively manage their finances**
- **Improve their health as their circumstances improve and stresses relieved**

Excluded people experiencing financial issues and anyone in the community interested in personal development will :-

- **Build confidence, volunteer and mentor others by becoming peer advice advocates**
- **Gain new skills and experience to become more employable**
- **Strengthen the 'excluded' community as people come together to foster self-help**

DABD (UK) as an organisation will :-

- **Develop 'cutting edge' resources and systems to provide 'new solutions' in advice provision**
- **Enable the community inclusive access to advice meeting financial and legal needs**
- **Link with authorities to develop strategy in advice provision and best support 'excluded people'**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes -- "New Solutions" will establish a number of new ways in which we will deliver expert advice to improve access and effectiveness over three years.

Once activities have been developed, we will fund the future through further grants and commissions / contracts for which DABD (UK) has twenty years experience in tendering successfully.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

120

In which Greater London borough(s) or areas of London will your beneficiaries live?

Barking & Dagenham (100%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

21-30%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading		Year 1	Year 2	Year 3	Total
(1)	Staff salaries [Incl. oncosts]	33,308	34,374	35,472	103,154
(2)	Staff recruitment & Travel	1,720	742	764	3,226
(3)	Volunteer Costs	1,460	1,489	1,519	4,468
(4)	Project Revenue & Promotions	1,600	1,368	1,137	4,105
(5)	Web Development	5,000	1,200	1,200	7,400
(6)	Consultancy & Evaluation	1,000	1,000	1,000	3,000
(7)	Overheads	6,613	6,026	6,164	18,803
		0	0	0	0
		0	0	0	0

TOTAL:	50,702	46,199	47,256	144,156
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Overheads [Ongoing income generation activities]	6,613	6,026	6,164	18,803
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	6,613	6,026	6,164	18,803
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
N/A -- this is our first bid for the programme	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading		Year 1	Year 2	Year 3	Total
(1)	Staff salaries [Incl. oncosts]	33,308	34,374	35,472	103,154
(2)	Staff recruitment & Travel	1,720	742	764	3,226
(3)	Volunteer Costs	1,460	1,489	1,519	4,468
(4)	Project Revenue & Promotions	1,600	1,368	1,137	4,105
(5)	Web Development	5,000	1,200	1,200	7,400
(6)	Consultancy & Evaluation	1,000	1,000	1,000	3,000
		0	0	0	0

TOTAL:	44,088	40,173	41,092	125,353
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	252,444
Activities for generating funds	69,825
Investment income	198
Income from charitable activities	2,765,020
Other sources	1,012
Total Income:	3,088,499

Expenditure:	£
Charitable activities	2,509,370
Governance costs	0
Cost of generating funds	61,545
Other	576,670
Total Expenditure:	3,147,585
Net (deficit)/surplus:	-59,086
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	465,739

Asset position at year end	£
Fixed assets	118,623
Investments	0
Net current assets	595,003
Long-term liabilities	247,887
*Total Assets (A):	465,739

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	465,739
*Total Reserves (B):	465,739

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
1-10%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

There have been no significant changes to our structure, financial position or core activities as DABD (UK) operates [in the main] through 'earned income' streams and operations have been steady for a number of years made possible by effective fund raising, commissioning and income generation practices.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	172,629	221,316	89,544
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		2012 £	2013 £	2014 £
1.	Big Lottery [Reaching Communities]	60,563	62,329	64,098
2.	Big Lottery [Reaching Communities]	0	73,537	73,553
3.	Barking House Leisure Events	0	0	99,014
	0	0	0	
	0	0	0	

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Ms. Elaine James**

Role within **Chief Executive Officer**
Organisation:

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**Investing In Londoners:
Application for a grant**

About your organisation

Name of your organisation: Lambeth Law Centre	
If your organisation is part of a larger organisation, what is its name? Law Centres Network	
In which London Borough is your organisation based? Lambeth	
Contact person: Mr Michael Tarnoky	Position: Director
Website: http://www.lambethlawcentre.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1076204
When was your organisation established? 19/08/1981	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More people accessing debt and legal services More Londoners with improved economic circumstances
Please describe the purpose of your funding request in one sentence. To enable 1500 vulnerable individuals to overcome social exclusion through targeted, holistic legal advice and representation.
When will the funding be required? 01/04/2017
How much funding are you requesting? Year 1: £43,850 Year 2: £45,150 Year 3: £46,150 Total: £135,150

Aims of your organisation:

Our primary aims and objectives are:

To provide high quality specialist legal advice in the areas of social welfare law including housing, immigration, welfare rights, money advice and employment.

To provide specialist legal advice services to particular groups in the community who face barriers to advice, such as young people, people in poverty, people suffering from disabilities or ill health, lone parents, immigrants and migrant workers, refugees and asylum seekers and ex prisoners

To support the advice sector in Lambeth through the provision of second tier advice and strategic engagement.

To ensure a strong and sustainable law centre for the people of Lambeth.

Main activities of your organisation:

We provide legal advice and representation in immigration, employment, housing, welfare benefits, debt and community care. We hold face to face drop in advice sessions and outreach surgeries, we advocate with landlords, employers and government bodies and take cases to tribunals and courts at all levels. Our clients are often hard to reach, and dealing with multiple problems, such as domestic violence survivors with no legal status in the UK, struggling to manage debt, and require our expertise and holistic approach.

To maximise our impact and capacity we work with a range of partners across London providing second tier support and outreach surgeries and training sessions for community based organisations in all our practice areas. We run the housing possession court duty scheme in Lambeth and are the lead agency in the Lambeth Advice Network. We ran an unpaid wages project with pro-bono lawyers from DLA Piper and Ashurst solicitors. We provide advice to migrants and refugees at five outreach sessions.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
8	10	14	11

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	ongoing

Summary of grant request

Lambeth Law Centre (LLC) is applying for £135,150 over three years to develop work in tackling poverty, exclusion and disadvantage through legal advice and representation reaching 1500 individuals experiencing complex and multiple problems including poverty, poor housing, chronic debt and lack of secure immigration status in a borough with some of the most deprived areas in the UK. We will achieve this through offering direct holistic legal advice and representation, building the capacity of community groups and offering groups ongoing support to enable them to resolve less complex matters.

Funding will enable us to embed collaborative capacity-building work with local community organisations to maximise access to our holistic legal services and to increase community involvement in service design so that together we can use the law to resolve the multiple inter-connected problems that keep people in poverty. These external agencies are often best-placed to develop trusting relationships with marginalised groups who may be unwilling or unable to access mainstream services.

Lambeth remains high on the inequality index in London; this inequality is increasingly patterned by ethnicity. The need for specialist legal advice and representation is therefore self-evident; this is evidenced by our daily experience in drop in sessions and from our links with tenants and campaigning organisations, migrant groups or mental health and HIV support groups. Delivering housing advice throws up immigration issues, debt training raises benefit problems; vulnerable individuals experience multiple, interlinked legal problems that must be resolved holistically. LLC has experts in all areas of social welfare law who co-work within the Centre to ensure that problems are holistically dealt with. This project would address these multiple needs, all of which severely impact vulnerable individuals' ability to live healthy, safe, financially secure lives. The Local Authority funds some welfare benefits advice but this cannot meet the need for specialist level advice and does not allow community activists and service users to input into the services design.

We will deliver 5 outreach surgeries at community organisations each month to deliver legal advice and support to marginalised individuals; complex matters identified at these sessions, and by community partners, will be taken on by LLC for specialist holistic legal representation. Ongoing training and support to community partners will build their capacity to offer initial representation for simpler matters, and to act as an effective triage and referral service.

Our aim is to ensure that 1500 people are able to resolve life-limiting legal issues. We will maximise the impact of our limited resources, empower local organisations and individuals to help themselves, to understand how they can best use the LLC's resources and contribute to our work, improving our service delivery by user input.

The Law Centre is led by a diverse and highly skilled management committee and our qualified staff are experienced, skilled, dedicated and embedded in the local community; we hold the Lexcel quality mark.

The Project matches two Programme outcomes: "More Londoners improve their economic circumstances"; and "More people access debt and legal services". Increased access to appropriate benefits will improve people's economic circumstances at a time of massive benefit changes. Increased links with community groups will allow increased access to holistic legal services.

Involving service users in the development and evaluation of our service is key to this project. We engage with a diverse client base across gender, ages, ethnicity,, sexuality and other equality groups --and this is reflected in our board, staff, and volunteers. We value our volunteers, offering training and progress within the organisation. 60% of them leave to employment. We have an active environmental policy and we are aiming to improve this.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Lexcel Version 6

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

150 Outreach sessions (50 annually) delivering one to one welfare benefits advice backed up by immigration and debt advice to up to 1200 people

Ongoing casework for 300 people (100 annually) in benefits with debt advice, financial capability advice and immigration casework where needed.

36 Training sessions to community groups (12 annually) on access to benefits and related immigration issues.

Second tier advice to 12 local groups on an ongoing basis.

2 borough wide advice conferences (one annually in second and third years of project) inviting community groups to set out their needs and share learning .

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

800 people report reduced levels of poverty and material deprivation, destitution, debt and social exclusion

1500 people report they are able to progress their lives.

12 Community organisations report that they are better able to advise and better able to refer complex cases.

50 Community activists are better able to identify and progress social issues and report that the Law Centre is a vital and accessible resource.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. The funding will allow us to become more robust and sustainable and access a wider range of funding streams including expanding our legal aid income and making applications to other trusts and developing partnerships with housing providers and others whose clients need access to our specialist services. We have done this successfully in the past with other projects.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

500

In which Greater London borough(s) or areas of London will your beneficiaries live?

Lambeth (97%)

Southwark (2%)

Croydon (1%)

What age group(s) will benefit?

0-15

16-24

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

All

Male

Female

Transgender or other gender identity

What will the ethnic grouping(s) of the beneficiaries be?

White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background)

Mixed / Multiple ethnic groups

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)

If Other ethnic group, please give details: **Latin American**

What proportion of the beneficiaries will be disabled people?

31-40%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary-Welfare Benefits/Debt Caseworker	35,000	36,000	37,000	108,000
Proportion of office costs	2,500	2,500	2,500	7,500
Proportion of accommodation	2,500	2,500	2,500	7,500
Proportion of training/insurance	350	350	350	1,050
External events/publicity	500	800	800	2,100
Proportion of supervision/management	3,000	3,000	3,000	9,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	43,850	45,150	46,150	135,150

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary-Welfare Benefits/Debt Caseworker	35,000	36,000	37,000	108,000
Proportion of office costs	2,500	2,500	2,500	7,500
Proportion of accommodation	2,500	2,500	2,500	7,500
Proportion of training/insurance	350	350	350	1,050
External events/publicity	500	800	800	2,100
Proportion of supervision/management	3,000	3,000	3,000	9,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	43,850	45,150	46,150	135,150

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary-Welfare Benefits/Debt Caseworker	34,593	35,609	36,352	106,554
Proportion of office costs	2,500	2,500	2,500	7,500
Proportion of accommodation	2,500	2,500	2,500	7,500
Proportion of training/insurance	350	350	350	1,050
External events/publicity	500	800	800	2,100
Proportion of supervision/management	3,000	3,000	3,000	9,000
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	43,443	44,759	45,502	133,704
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary-Welfare Benefits/Debt Caseworker	34,593	35,609	36,352	106,554
Proportion of office costs	2,500	2,500	2,500	7,500
Proportion of accommodation	2,500	2,500	2,500	7,500
Proportion of training/insurance	350	350	350	1,050
External events/publicity	500	800	800	2,100
Proportion of supervision/management	3,000	3,000	3,000	9,000
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	43,443	44,759	45,502	133,704
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	26,265
Activities for generating funds	245,831
Investment income	4
Income from charitable activities	318,710
Other sources	2,107
Total Income:	592,917

Expenditure:	£
Charitable activities	554,349
Governance costs	4,500
Cost of generating funds	105
Other	0
Total Expenditure:	558,954
Net (deficit)/surplus:	33,963
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	33,963

Asset position at year end	£
Fixed assets	2,964
Investments	0
Net current assets	268,320
Long-term liabilities	0
*Total Assets (A):	271,194

Reserves at year end	£
Restricted funds	34,923
Endowment Funds	0
Unrestricted funds	236,271
*Total Reserves (B):	236,271

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
11-20%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

We recruited a new Senior Solicitor who started in February 2016.

We will be cut 15% from our local authority funding from 2017-18 with a further cut in 2019-20 expected.

We have established the Public Interest Law Unit as a project within the Law Centre taking on a range of new work areas.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	143,124	145,235	112,400
London Councils	125,221	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery	0	0	95,176
Trust for London	13,750	27,500	28,250
London Housing Foundation	0	0	25,000
Lloyds TSB foundation	20,000	0	20,000
London Legal Support Trust	10,000	10,000	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Michael Tarnoky**

Role within **Director**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Lewisham Multilingual Advice Service (LMLAS)	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Lewisham	
Contact person: Mrs Liz Yilmaz	Position: Service Manager
Website: http://www.lmlas.co.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1094541
When was your organisation established? 22/12/2002	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More Londoners with improved economic circumstances More people accessing debt and legal services
Please describe the purpose of your funding request in one sentence. To develop our face to face advice services to improve access to mainstream services and participation in the wider community to BME groups.
When will the funding be required? 01/01/2017
How much funding are you requesting? Year 1: £37,624 Year 2: £36,370 Year 3: £36,960 Total: £110,954

Aims of your organisation:

LMLAS aims to improve access to services for people in greatest need from BAMER communities in Lewisham, and surrounding boroughs especially where English isn't their first language.

To support users to take control of their lives, improve their chances of finding work and to become independent and contributing local citizens and so reduce their dependency on public resources.

To provide a unique service by providing face to face access to high quality, impartial and culturally sensitive legal advice, advocacy and information services to users in 11 community languages.

To provide a free confidential , non judgmental service.

Main activities of your organisation:

- **Advocacy** - As advocates we act as intermediaries with social services, schools, local authorities and health professionals to help get the best results for our service users and their families.
- **Legal advice** -- we deliver legal advice on welfare benefits, housing, employment and debt ,increasing access to justice, rights & entitlements to decision makers.
We have Advice Quality Standard Casework level 2 award
- **Supported referral and interpretation service:** when necessary we provide our users with interpreters to enable them full access to specialist legal advice e.g. housing / immigration level 3.
- **The on-line HUB** -- is an ICT service for service users who are unable to navigate computers and on line systems. This service supports with uploading essential evidence for their housing, welfare benefits , job search and or other advice claims on-line. This service also provides an employability support service. This grant will help us grow and develop our employability & I.T workshop service.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	7	6	4

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	a new licence is in review

Summary of grant request

A need for our project is shown by

- Cuts to LBL main grants funding and their requirement in changes to focus more on telephone advice means there is a need to find other funding for face 2 face which is a priority need for our users. 15/16 statistics show telephone 248 contacts - F 2F- 2,505 contacts.
- Researching the need for the project by looking at the use of our existing services, evaluating the demographics of the local community and analysing this through-our statistics since 2014 show there has been an increase in the complexity of cases and in the number of issues
- 2013/14 - 14/15 51% more users with 52% more issues
- 15/16 Quarterly telephone surveys with users showed 74% had improved health/ lowered stress levels and 84% had more confidence after using our services. There is an increased need for advocacy support and to provide a more holistic service.
- 75% of our users report their desire to improve their circumstances and life chances. However they lack the knowledge and support to do this. We will provide them with this support so urgently needed through our new post for digital inclusion / employment worker. We are the only organisation in the borough that provides a service in 10 languages delivered by an experienced advisor speaking in their mother tongue. Project aim to relief of poverty and isolation, advance service users education, to improve social integration to all ethnic groups
- Through advocacy -our service users are better supported, reducing isolation
- Legal Advice --users will have increased access to justice and better knowledge to their rights and entitlements leading to increased financial gain leads to better quality of life lowering stress levels.
- Online Hub - through this service they will also gain knowledge of I.T skills therefore increasing chances of gaining employment
- Supported referrals -- improved service from external referrals because the user has a knowledgeable person with them who speaks their language and has an understanding of the problem.
- Volunteer co-ordination --recruitment, training and supervision of volunteers from all ethnic backgrounds to work as part of our team
- Overall increase of confidence in using services , good level of mental health and well being, reducing poverty levels, better life chances in gaining employment , improved home environment, confidence and life skills.
- Community languages increases access to other services and support

Service users will have support to chart and monitor their personal achievements against the goals set, enabling them to become more independent, avoiding descent into poverty and destitution. Some of the most vulnerable members of our community will have the support they need to manage their daily affairs.

We are the best organisation to provide this service because we are a known and trusted locally, have been active for 17 years, have good relationships with service users who recommend us to their friends and family as a trusted service.

We have good relationships with other voluntary & statutory bodies, local social services, health providers and schools. Our membership with the Advice Lewisham Consortium also encourages referrals into the project.

How we meet trusts programme outcomes-

Trusts Good Practice -We recruit our volunteers from our service users and involve them in the running of the project through various roles- Administration / reception / I.T support / trainee advice workers (improving their skills and confidence, and future opportunities). We also have service users sitting on our Trustee Board giving them a role in the management of the project. Our volunteers also play a major role in planning and organising our AGM.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

AQS Advice & Guidance Advice with casework

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

The project is delivered by providing culturally sensitive face to face general advice and casework in their own language from trained advisers knowledgeable of user's culture both on site and at external outreach locations

Service users receive advice on single issues and services users with multiple issues receive complex casework. This raises morale of those who feel disempowered because their English is not yet good enough to be able to communicate effectively

volunteers recruited from service users will be given necessary support and training aiming at the areas of reception/ clerical assistants and governance

volunteer advisers recruited from service users trained to interpret & advise members of their community

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

1,900 service users receiving face to face contact in their mother tongue provides immediate reassurance because of the understanding of their cultural background and is more cost effective than using external interpreters. This leads to reducing dependency on state welfare benefits

1,000 service users with single issues will report direct improvement within 3 months and 900 with multiple issues will report in one year leading to increased knowledge of self navigation of UK systems, increased confidence in using other services, improved family life and better mental health leading to greater integration

15 volunteers will have improved skills in customer services/ IT / office procedures and governance leading to improved self esteem and greater chances of employment

3 volunteer adviser trained to interpret & advise members of their community leading to increased self esteem and employment opportunities. Also raise morale and confidence of the service user

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes we plan to continue - this period of requested funding will give us a chance to seek funding from other sources . We are also considering a merger with another local organisation which should make for stronger more sustainable funding in the future

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

640

In which Greater London borough(s) or areas of London will your beneficiaries live?

Lewisham (90%)

Greenwich (3%)

Bromley (7%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

Mixed / Multiple ethnic groups

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)

Other ethnic group

If Other ethnic group, please give details: **European migrants**

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Governance	4,250	2,250	2,250	8,750
office & Premises	17,529	17,529	17,529	52,587
Financial	6,090	6,149	7,209	19,448
Staff costs	153,500	155,920	157,807	467,227
Capital Cost ?	4,500	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	185,870	181,848	184,795	552,513
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
London Borough of Lewisham	18,137	18,185	18,480	54,802
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	18,137	18,185	18,480	54,802
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Big Lottery Fund	130,108	127,293	129,356	386,757
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Governance	850	450	450	1,750
Office & Premises	3,506	3,506	3,506	10,518
Financial	1,218	1,230	1,442	3,890
Staff Costs	30,700	31,184	31,562	93,446
Capital Cost	1,350	0	0	1,350
	0	0	0	0

TOTAL:	37,624	36,370	36,960	110,954
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	0
Activities for generating funds	0
Investment income	0
Income from charitable activities	112,674
Other sources	0
Total Income:	112,674

Expenditure:	£
Charitable activities	75,823
Governance costs	2,673
Cost of generating funds	986
Other	0
Total Expenditure:	79,482
Net (deficit)/surplus:	33,192
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	3,198
Investments	0
Net current assets	79,941
Long-term liabilities	17,456
*Total Assets (A):	65,685

Reserves at year end	£
Restricted funds	19,122
Endowment Funds	0
Unrestricted funds	46,564
*Total Reserves (B):	65,685

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
11-20%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

We will be moving office early 2017. Our BLF funding ended December 2015 - we are currently at 2nd stage of new BLF funding bid. LBL funding with some of our reserves have supported us through 2016. From 2017 funding from LBL for face 2 face amount will be greatly reduced as they want it to be used to their new project "telephone advice helpline"

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	25,200	25,200	37,000
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		Year 3 £	Year 2 £	Most recent £
Big Lottery Fund	58,029	59,590	61,181	
ASFT - CAB	0	27,486	5,618	
	0	0	0	
	0	0	0	
	0	0	0	

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Elizabeth Yilmaz**

Role within **Service Manager**
Organisation:

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The City Bridge Trust

Investing In Londoners:
Application for a grant



About your organisation

Name of your organisation: Vision Care for Homeless People	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Tower Hamlets	
Contact person: Mr David Brown	Position: General Manager
Website: http://vchp.org.uk/	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1118076
When was your organisation established? 26/09/2006	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More Londoners with improved economic circumstances
Please describe the purpose of your funding request in one sentence. To pay for a part-time volunteer manager who will develop volunteer teams to reach more impoverished homeless people in London with eye care services.
When will the funding be required? 01/03/2017
How much funding are you requesting? Year 1: £16,523 Year 2: £17,018 Year 3: £17,529 Total: £51,070

Aims of your organisation:

Our aim is to ensure people who are homeless receive the eye care they need. We provide opticians services to homeless and other vulnerable people in accessible and friendly environments in which they feel safe, welcome and comfortable. We ensure homeless people receive eye sight tests and glasses at no cost. Homeless people need glasses in order to find accommodation, obtain or retain employment, to help them stay safe and to enjoy everyday activities. Being able to see properly is often important to them picking themselves up again when they are or have been homeless. Homeless people are particularly disadvantaged when it comes to obtaining sight tests, glasses and eye care. They suffer a higher level of eye problems than the general population, yet some 35% have never had an eye test. Because of the way the NHS contracts with opticians, currently 65% of homeless people are ineligible to have glasses paid for by the NHS.

Main activities of your organisation:

Operating from homeless persons' day centres, we run six clinics on a weekly or twice weekly basis. We have three clinics in London: Spitalfields, Marylebone and Shepherd's Bush. We provide glasses free of charge to 1,800 homeless people each year. Each clinic provides a comprehensive opticians service including a full optometric eye examination, free glasses and referrals for further medical care when needed. Each clinic is run by a team largely comprised of volunteers including an optometrist, dispensing optician and clinic assistants.

We also organize the Opticians Service at Crisis at Christmas. During the week, volunteers form mobile teams who travel across London to conduct eye tests and provide glasses. Last year, in the course of a week, they saw a record 353 patients.

We lobby the NHS and government for better access to eye care for homeless people. We are currently starting a new mobile service in Tower Hamlets and new static clinics in Exeter and Leeds.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	3	7	131

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	Rooms gratis. HQ virtual

Total 651,677

Summary of grant request

We plan to employ a part-time volunteer manager to support our growth strategy.

That growth strategy draws on our research which shows:

Homeless people suffer a much higher level of eye pathology than the general population.

Homeless people face significant barriers to accessing eye care, including more than half being ineligible for free eye tests and glasses from the NHS.

With the exception of the charitable service we provide, dedicated accessible opticians services for homeless are virtually non-existent.

To provide equality of access around 9,000 homeless people need an eye test each year across England. Currently we have clinics in 6 out of the 15 largest conurbations across England (counting London as 3). Where we have a clinic, we reach 40% of homeless people in the area.

There is considerable unmet need, so our strategy is:

To develop strong functional volunteer teams at our existing clinics. Each clinic to be led by a local branch leadership team. Functional teams to cover, clinic operations, outreach, funding, partnerships, training and recruitment.

To develop our central volunteer teams to support our growth and development. Our volunteer ambassadors reach out to their local communities, others look for local funding. A volunteer team helps develop new clinics and another organises research and evaluation.

To open new city centre clinics each led by a team of local volunteers. We are opening a new clinic in Exeter in January and another in Leeds later in 2017.

In those areas where we have a clinic, to reach further homeless people using a new mobile service model. We are developing one of these in Tower Hamlets to be led by a team of volunteers. The service will visit hostels and day centres to do eye tests and dispense spectacles.

To maintain our advocacy on behalf of homeless people to improve their access to eye care. We have had considerable success using our research to make the case for changing NHS contracting with Opticians and are working with NHS England to make improvements.

As a small organisation with little central resource, volunteer development underpins our growth plans. We have had some notable successes, such as building a strong lead team for our Exeter start up, and developing a highly functional branch team in Brighton. However, translating that success to London has been more challenging.

Our volunteer development strategy is based on three mutually reinforcing strands: recruitment, resourcing and recognition.

We have always recruited and supported professional volunteers - optometrists, dispensing opticians, assistants and students from the optical industry - and will typically have 48 helping at any one time, plus another 83 during Crisis at Christmas. However we have started recruiting lay volunteers, increasing the need for support, resourcing and recognition of volunteers.

It takes considerable resources to recruit and place a volunteer, so it's important we retain volunteers and fully utilise their potential. We want our volunteers to feel they are part of a particular local or national team, are making a difference to homeless people and really matter to the charity.

We want to recruit a volunteer manager to work 2 days per week over a three year period. Their work will include:

Recruitment, development and management of key volunteers to develop branch lead teams in London.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Strong, effective and sustainable lead and operational teams developed for outreach, London static clinics and East London mobile. We measure the strength of our teams using a maturity profile assessment system.

London outreach activities result in an additional 300 impoverished homeless people receiving eye tests and glasses per year. We record statistics on numbers of homeless people we see and their status on NHS eligibility.

Tower Hamlets mobile service reaches 200 impoverished homeless people each year.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will offer the post as a three year contract. However, we plan to expand our reach over the next three years, such that the additional NHS income we obtain will cover the cost of making the post permanent.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

500

In which Greater London borough(s) or areas of London will your beneficiaries live?

Tower Hamlets (40%)

London-wide (60%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary (2 day/week @ FTE of £36k)	14,400	14,832	15,277	44,509
National Insurance	971	1,000	1,030	3,000
Workplace Pension	432	445	458	1,335
On cost (ICT, travel)	720	742	764	2,225
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	16,523	17,018	17,529	51,070
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
No income raised so far	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Eranda Foundation (applied 4/7/16)	14,072	14,072	14,072	42,216
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Full cost above	16,253	17,018	17,529	51,070
	0	0	0	0
	0	0	0	0

TOTAL:	16,253	17,018	17,529	51,070
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2016
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Income received from:	£
Voluntary Income	9,314
Activities for generating funds	0
Investment income	70
Income from charitable activities	96,871
Other sources	1,887
Total Income:	108,142

Expenditure:	£
Charitable activities	74,831
Governance costs	0
Cost of generating funds	1,526
Other	0
Total Expenditure:	76,357
Net (deficit)/surplus:	31,785
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	31,785

Asset position at year end	£
Fixed assets	5,933
Investments	0
Net current assets	81,287
Long-term liabilities	0
*Total Assets (A):	87,220

Reserves at year end	£
Restricted funds	43,614
Endowment Funds	0
Unrestricted funds	43,606
*Total Reserves (B):	87,220

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
31-40%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	29,217	44,359	36,390
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Smiths Charitable Trust	0	0	26,000
Optometry Giving Sight	6,816	19,931	2,303
Knowle and Dorridge Lions	0	11,793	0
Foyle Foundation	0	0	10,000
Steele Charitable Trust	0	0	10,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **David Brown**

Role within
Organisation: **General Manager**

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The City Bridge Trust

**Investing In Londoners:
Application for a grant**



About your organisation

Name of your organisation: Alliance for Inclusive Education	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Lambeth	
Contact person: Ms Tara Flood	Position: Director
Website: http://www.allfie.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1124424
When was your organisation established? 24/11/1990	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Strengthening London's Voluntary Sector
Which of the programme outcome(s) does your application aim to achieve? More equalities organisations with enhanced voice, advocacy and representation skills
Please describe the purpose of your funding request in one sentence. Supporting Disabled People's Organisations to become hubs of advocacy, advice and voice for the inclusion of young disabled people in mainstream education and their communities.
When will the funding be required? 09/01/2017
How much funding are you requesting? Year 1: £55,836 Year 2: £55,744 Year 3: £54,657 Total: £166,237

Aims of your organisation:

The Alliance for Inclusive Education (ALLFIE) is a Disabled person-led information sharing and influencing network (DPO) set up in 1990. ALLFIE's focus is on the removal of attitudinal, cultural and physical barriers in the education system and the identification and implementation of solutions to those barriers. We work with a wide range of stakeholders in the Disabled childrens services and education sectors including policy makers, statutory agencies, schools, colleges, universities and education professionals to spread an understanding about the benefits of inclusive education.

Our aims are:

- to create the resources to promote a wider understanding of the benefits of inclusive education for all
- to lead the lobby for change in legislation and policy to ensure inclusive education as a right for all
- to build the capacity of the inclusive education movement to become a more effective voice of influence

Main activities of your organisation:

Influencing: ALLFIE works for changes in law and policy that will encourage an increase in and the sharing of inclusive practice in early years, schools, further and higher education settings. We do this by working directly (where we can) with policy makers, politicians, statutory agencies, academics, media and allied organisations.

Information Sharing: ALLFIE produces a termly magazine called 'Inclusion Now'. The magazine is the only national 'voice' of the inclusive education movement and has an overall distribution of 1000. We also produce a regular Membership Briefing which includes national/London specific news and information. The ALLFIE website is a crucial hub of information about our work, as well as twitter and facebook pages which we use to disseminate news and information.

Supporting others: we facilitate the London Voice for Inclusive Education, made up of 13 DPOs, and the New Voices group of Young Disabled people (YDP) who help guide ALLFIE's work. We also provide capacity-building training and resources for YDP/families/education professionals.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	6	10	3

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	three year licence

Summary of grant request

ALLFIE's "DPOs as Inclusion Champions" project will strengthen the voice, advocacy and representation skills of Disabled Person-led Organisations (DPO) and enable them support young disabled people (YDP) and their families who want to be better included in schools/colleges and their communities. ALLFIE will support 40 London based DPOs to build relationships between YDP/families to overcome existing barriers and find solutions together, resulting in greater levels of inclusivity. We know the project is needed because: A lack of skills and resources in DPOs prevent them from engaging with YDP and their families to be better included in education and participate equally in community based mainstream youth activities

At 19, YDP are 3/4 times less likely to be in employment twice as likely as their non-disabled peers to not be in any form of education, employment or training.

A culture of low aspirations facing YDP, from childhood, has a negative impact on their transition into adulthood and ultimately leads to isolation, poverty, inequality and greater cost to society.

ALLFIE will up-skill DPOs to strengthen and extend their existing community offer by reaching out to YDP and their families with person-centred empowering advice, training and information services enabling YDP and families to have a greater say about the community support they access resulting in greater activity in their communities and a sense of empowerment to tackle problems they face.

We will use the opportunity created by the 2010 Equality Act the new Children & Families Act, and more broadly the aspiration of the UN Convention on the Rights of Persons with Disabilities to re-frame inclusion and community participation where YDP are valued as decision makers and future leaders in their own lives.

The project will focus primarily on removing barriers YDP face in education because we know from the work we do with YDP and their families, that having access to inclusive education opportunities is fundamental to having a sense of positive self-identify, realising potential and a real sense of community connection.

The project will use a combination of 'training the trainer' training programme and capacity building methods. We will start with a core group of 10 members in our Inclusion Champions network, increasing to 40 at the end of the project covering each of the 33 London boroughs.

At project completion:

40 DPOs will have a strong business case to enable them tender for contracts in the YDP/families sector;

40 DPOs will be equipped to offer support to education providers, and families will be receiving practical support on how to be allies to their YDP and raise their aspiration for the future.

40 DPOs will have started to set up YDP networks to find solutions to barriers they face accessing mainstream activities;

DPOs, YDP, families, education providers will have access to ALLFIE's E-Hub to sustain the work beyond the life of the project.

We will achieve the CBT outcome of strengthening the voice, advocacy and representation skills of DPOs by demonstrating that through our support DPOs will gain skills to lobby (voice) local and central governments about the unique role DPOs play in providing person-centred services that can represent, enable and empower YDP/families to access mainstream education and participate equally in community activities.

At the end of the project we will conduct an evaluation with each partner DPO to capture feedback on our training and support methods. We will also improve access to our services by actively engaging with smaller organisations. Finally we will share learning by publishing the project report on our website and disseminate it across DPOs/CBT network, participant education providers, Department for Education and relevant Local Authority Commissioners.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

none

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Co-produced review with 40 DPOs to gain insight into capacity building on their current service offers.

Up-skilling 40 DPOs on the importance of supporting disabled children/young people to actively participate in mainstream activities, understanding and involving families of disabled children and young people as allies, engaging with schools and other education providers and supporting them to better include disabled learners in their school communities

Deliver train a trainer training programmes to 40 DPOs enabling them cascade training to groups of young disabled people and families on a range of topics including leadership and influencing skills, building aspiration and how to assert their right to choose inclusion in mainstream education.

Develop a web based e- learning and information sharing platform that will continue to support DPOs, YDP, families and local education providers and Local Authorities' commissioners with information, good practice, policy and legislative updates

Using the learning gathered from the project we will develop a business case for DPOs setting out the unique person centred empowering service offer and be more active in providing solutions that will increase participation and inclusion of disabled young people in mainstream educational settings and their local communities.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

ALLFIE has a better understanding of the details and shape of the capacity building support that we will deliver to DPOs as part of this project.

DPOs have better understanding of issues facing young disabled people and their families in accessing and participating in mainstream/community activities including education provisions, strengthening their representation skills, advocacy and advice services as frontline community organisations

DPOs are able to provide direct training, support and signposting services to disabled children and young people and their families to support their inclusion.

The abilities of DPOs' to work in this new area is strengthened and sustained by having access to an up to date e-hub information and sharing platform which can also inform best inclusive practice development, and feed into ALLFIEs national policy work on inclusive education

Business case provides the evidence DPOs need to strengthen their contract/tender readiness in this new area of work.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

One of the main aims of the project is to build a business case for DPOs to be tender ready for work in the education/youth/families sector thus ensuring that the work continues beyond this project. ALLFIE will continue to support as experts in education and inclusion, with information and training as policies/laws change to enhance/support their service offers.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

444

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

16-24

25-44

45-64

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

71-80%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
salaries	36,614	36,980	37,350	110,944
20% Contribution to overheads	4,222	4,264	4,307	12,793
Development of Accessible interactive E Hub	3,000	2,500	1,000	6,500
DPO capacity building session costs x 4 sessions per year (including accessible venue, refreshments, access costs, trainer fees, attendance fees)	6,000	6,000	6,000	18,000
Training programme costs x 4 per year (including accessible venue, refreshments, access costs, trainer fees, attendance fees)	6,000	6,000	6,000	18,000
	0	0	0	0
TOTAL:	55,836	55,744	54,657	166,237

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
0	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
0	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries	36,614	36,980	37,350	110,944
20% Contribution to overheads	4,222	4,264	4,307	12,793
Development of Accessible interactive E Hub	3,000	2,500	1,000	6,500
DPO capacity building session costs x 4 sessions per year (including accessible venue, refreshments, access costs, trainer fees, attendance fees)	6,000	6,000	6,000	18,000
Training programme costs x 4 per year (including accessible venue, refreshments, access costs, trainer fees, attendance fees)	6,000	6,000	6,000	18,000
	0	0	0	0
TOTAL:	55,836	55,744	54,657	166,237

Finance details

2016 accounts
now on
Ch-Com.

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	141,832
Activities for generating funds	0
Investment income	0
Income from charitable activities	26,870
Other sources	0
Total Income:	168,702

Expenditure:	£
Charitable activities	152,601
Governance costs	1,650
Cost of generating funds	0
Other	0
Total Expenditure:	154,251
Net (deficit)/surplus:	14,450
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	113,674

Asset position at year end	£
Fixed assets	3,027
Investments	0
Net current assets	110,648
Long-term liabilities	0
*Total Assets (A):	113,674

Reserves at year end	£
Restricted funds	47,144
Endowment Funds	0
Unrestricted funds	66,532
*Total Reserves (B):	113,674

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
0%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

none

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Esmee Fairbairn Foundation	129,120	98,894	53,877
Trust for London	26,500	28,000	28,000
Comic Relief	0	37,187	39,054
Heritage Lottery Fund	74,928	0	0
BLF Research Fund	52,178	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Tara Flood**

Role within **CEO**
Organisation:

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**Investing In Londoners:
Application for a grant**

About your organisation

Name of your organisation: Eastside Primetimers Foundation	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Hackney	
Contact person: Mr Brent Thomas	Position: Director
Website: http://www.ep-uk.org	
Legal status of organisation: Charitable company	Charity, Charitable Incorporated Company or company number: 5249273
When was your organisation established? 04/10/2004	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Strengthening London's Voluntary Sector
Which of the programme outcome(s) does your application aim to achieve? More organisations with improved skills in financial management More organisations with improved capabilities in monitoring, evaluation and impact reporting
Please describe the purpose of your funding request in one sentence. To continue the programme we started three years ago to strengthen the quality of the financial management of small charities.
When will the funding be required? 01/10/2016
How much funding are you requesting? Year 1: £49,700 Year 2: £49,700 Year 3: £0
Total: £99,400

Aims of your organisation:

To strengthen the quality of the voluntary sector through:

- designing and developing improved ways of working and;
- through improving the quality of the people who are engaged in the sector.

Main activities of your organisation:

To provide small charities with a financial health check that indicates what changes need to be made to improve the quality of their financial management.

To provide small charities with an income diversification diagnostic that indicates what changes need to be made to improve the quality of future income sources.

To provide small charities with a commissioning and partnership diagnostic that indicates what changes need to be made to improve the chances of gaining commissioned income.

To provide small charities with a collaboration and partnership diagnostic that indicates what changes need to be made to improve the quality of collaboration between charities.

To provide mentors and business advisers who can help small charities implement and embed the changes highlighted in the financial health check, income diversification diagnostic, commissioning, partnerships and collaboration diagnostics.

To provide individuals who are new to the voluntary sector with advice on how they can most effectively engage with charities and find roles that best suit them.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	1	7	50

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	Open ended

Summary of grant request

Background/need:

The financial environment in which small not-for-profit organisations are operating has become increasingly challenging. Pressures on income have not abated but now there is a new pressure, on costs, resulting from the introduction of the National Living Wage and workplace pensions. Charity leaders know they need reliable financial systems and accurate management information to enhance their chances of survival. Over the last 3 years the top issues that the organisations indicated they needed help with were:

- growing the skills of their finance and accounting staff;
- the pricing of tenders and grant applications; and
- changing inadequate accounting processes, procedures and systems.

What we propose to deliver/achieve.

To continue to focus on small and vulnerable charities. To continue to provide two support services:

1. financial healthcheck - it provides a clear, independent picture of an organisation's financial health and the challenges they face in managing their finances effectively. The output is a tailored development plan focused only on their finance and accounting areas;
2. finance/accounting mentoring/consultancy from a qualified accountant who knows the sector.

Over the last 3 years we have combined the financial healthcheck and follow up mentoring. We have provided this to 40 organisations. For the next 2 years we propose supporting another 40 organisations. We will achieve this increase (from 13 pa to 20 pa) by focusing more on shorter duration interventions. These will continue to be mainly a financial healthcheck but may also additionally include other short consultancy projects of 3 to 5 days focused on financial and accounting improvements. In addition, we will also include projects where impact assessment/measurement is to be included in the management reports for the organisation.

We will continue with, but provide fewer, complete packages of financial healthcheck followed by 5 days of mentoring. We have found that the commitment to receive mentoring support has been harder to deliver simply because events overtake the good intentions of the staff and they get drawn into other priorities. This often results in the mentoring stretching out beyond the 12 months that we planned. For the next 2 years we will only commit to the mentoring if we have a greater surety that there is the capacity to take it up.

Similarly, where an organisation has already got a development plan for its finance and accounting functions - they may have carried out a diagnostic for another funded programme - we will move directly to providing mentoring/consultancy from the start.

Why us, why continuation funding?

The financial pressures on small charities are not abating, on the contrary, they are increasing. We have a resource of over 20 accountants who have successfully delivered the financial health check and provided mentoring/consultancy support over the last 3 years. We have incorporated our learning from this in our new delivery design.

Impact on the Trust's programme outcomes:

1. Better financial systems embedded in 40 organisations;
2. Higher level financial skills embedded in the staff of 40 organisations;
3. Better understanding of the numbers and financial risk amongst trustees;
4. Better integration of impact reporting with regular financial reporting.

Principles of Good Practice

- We will track the cascade benefits through interviewing all the beneficiary organisations and their trustees to calibrate the range of our impact;
- We have used the feedback from the beneficiary organisations in our first grant to redesign our delivery around short duration interventions. We will use the same process to

identify further continuous improvements;

- We have increased access from 13 pa to 20 pa;

- We share knowledge with the sector through running regular seminars and publishing tools on our website.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

A combined financial healthcheck and mentoring/consultancy to 20 organisations over the next 2 years

Mentoring/consultancy support only to over 10 organisations over next 2 years

A financial healthcheck only to over 10 organisations over next 2 years

A report on financial risks to over 40 trustee boards over next 2 years

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Improved accounting systems. The organisations will improve the quality of the data they input and therefore get out of their financial systems. This might be because they update or change their coding or they make a selection of an accounting software package that better meets their needs.

Improved management reporting systems. The organisations will improve the quality of their service, impact, operational and financial data so that the management have an improved overall view of the performance of their organisation. They will also have better cashflow forecasts.

An improved pricing model for grant or tender applications. The organisations will have a more accurate understanding of the implications of costing tender applications and in quantifying the delivery costs of services.

An improved model for assigning costs to projects or funders. The organisations will have a more accurate understanding of cost overruns for the projects they are delivering and which they will need to provide assurance to their funders.

A better method for selecting the IT system that will best serve their overall needs for accounting and finance. The organisations will make better choice of IT accounting systems and be able to assess whether it is better to outsource or insource their bookkeeping and accounting.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes we do want to continue the activity beyond the funding period. We are speaking to other grant funders, such as Lloyds Bank Foundation, who are committed to providing skills based support in addition to their grants to determine their interest in funding a similar programme.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

80

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

16-24

25-44

45-64

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Attracting & selecting organisations to receive support	7,355	7,355	0	0
Direct delivery costs	33,000	33,000	0	0
Support to delivery costs	7,193	7,193	0	0
Monitoring & evaluation	2,152	2,152	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	49,700	49,700	0	0

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Attracting & selecting organisations to receive support	7,355	7,355	0	0
Direct delivery costs	33,000	33,000	0	0
Support to delivery costs	7,193	7,193	0	0
Monitoring & evaluation	2,152	2,152	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	49,700	49,700	0	0

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	5,580
Activities for generating funds	67,407
Investment income	12,595
Income from charitable activities	151,014
Other sources	0
Total Income:	236,596

Expenditure:	£
Charitable activities	134,044
Governance costs	0
Cost of generating funds	51,375
Other	61,492
Total Expenditure:	246,911
Net (deficit)/surplus:	-10,315
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-10,315

Asset position at year end	£
Fixed assets	312
Investments	55,462
Net current assets	-2,923
Long-term liabilities	0
*Total Assets (A):	52,851

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	52,851
*Total Reserves (B):	52,851

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
0%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	387,731	320,435	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Social Action Fund	101,249	0	0
	0	0	0
	0	0	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Brent Thomas**

Role within **Director**
Organisation:

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